

Kia hiwa rā! Kia hiwa rā!

Ahakoā he iti, he pounamu

Although it is small, it is precious

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Independent Māori Institute for Environment & Health

Mihimihi

Tuia, tuia mai rā tō manawa

Tuia mai rā ki taku manawa

Tuia hoki o tātau mate, rātau e tiaho mai ana i te uma o Ranginui. Moe mai rā kautau

Te mouri e runga, te mouri e Rangi

Te mouri ka puta ki te whai ao, ki te ao marāma!



Office hours

Located at 248 St Hill St, Whanganui - our business hours are 9am - 5pm weekdays excluding public holidays. Feel free to call in or contact our friendly team on (06) 345 2680 or by email info@teatawhai.maori.nz.

Our last day of the year will be Fri 21st Dec reopening on Mon 14th January 2019. In February, the team will be conducting a national survey at Te Matatini in Wellington which means the office closes from Tues 19th Feb reopening Tues 26th Feb 2019.

Organisation Update

Check out our recent activities that the Team have been involved in.

Ngā Pae o te Māramatanga Investigators Wānanga

Collaborating with Whakauae

Ngā Pae o te Māramatanga (NPM) together with Te Atawhai o Te Ao and Whakauae Research for Māori Health and Development, are thrilled to announce that the annual NPM Principal Investigator wānanga will be held alongside the ancestral Whanganui River from the 11th – 14th February 2019. The wānanga will be a substantial coming together of researchers within a region that has an exciting agenda for Māori innovation, health and well-being.

Board Activity

Strategic Planning

Te Atawhai o Te Ao Board held a strategic planning day on Tuesday 27th November 2018. The focus of the day was to look at the strategic direction of Te Atawhai o Te Ao following the favourable mid-term review of the Independent Research Organisation funding contract.

Networking

Massey University Library

Both Miriama and Ngareta met with Carla Jeffrey, Subject Librarian at Massey University. Carla's role is to support research and study of the Massey Business School staff and students. In providing our Team with induction training on Endnote software and database systems, she helped our Team to explore office library management options for consideration.

Dissemination

Latest publications

The last [Annual Magazine 2016-2017](#) publication is now available online. Keep an eye out for the most recent magazine - coming out soon!

Kauangaroa Health

Monthly sessions

The monthly health sessions for our Kauangaroa Kaumātua have provided some invaluable insight and support to health concerns that may have an influence on their well-being. The topics reviewed throughout the year have included, mental health awareness, podiatry, pulmonary rehabilitation, stroke prevention, audiology, diabetes, prostate cancer, care plans and long term conditions.



Project Updates

WHAKATIKA PROJECT

We have a significant skill set within the advisory board for this project; our advisory board members are national and international leaders within ethnicity research, and development. They are, Professor Helen Moewaka Barnes, from Massey University of New Zealand, Dr Donna McCormack, from the University of Auckland, New Zealand, Eljon Fitzgerald, from Aronui Ltd, who managed Te Hoe Nuku Roa framework: A Māori identity measure, at Massey University, Sister Makareta Tawaroa, a tireless community leader, and rangatiratanga advocate and Kerri Kruse, from the New Zealand Human Rights Commission.

The research team is currently preparing for the release of the national survey on the impact of racism on Māori, and we will have a stall at Te Matatini Kapa Haka Festival. If you are in Wellington, please do come and join us, and fill out the survey. Our stall will be operating for the duration of the festival from 20 – 24 February 2019 at Westpac Trust Stadium, Wellington, New Zealand.

WHAKAPAPA PROJECT

Over the past five months, our eight whānau researchers have been diligently working together to create their own whānau narratives. Each whānau researcher come from different hapū throughout New Zealand, resulting in a growing and colourful collection of whakapapa connection narratives, which explore what whānau-lead research is by researching whānau themes of their matriarch, whenua, kai, whāngai and the last theme for the year 2018, an event-related story. Next year, our whānau researchers will continue to develop their themes that they are interested in exploring, and we remain excited at the prospect of the continued collaboration and retrieval of many more whānau narratives. Also, we have welcomed a variety of special guest speakers and visited different venues to support our whānau researchers during their research. These have included Pirihiira Cribb at the Aotea Māori land court, Jasmine Ratana and Sandy Nepia at the Alexander heritage and research library, Che Wilson on whakapapa and whāngai connections, Chris Shenton at Te Matapihi whānau museum, and our last workshop for the year will be held in Wellington, enabling access to the many archival spaces that are hosted there.

TE ARA HĀ PROJECT

Te Ara Hā seeks to assess the effectiveness of a whānau centred asthma self management intervention to support self management control, enhance health literacy, improve quality of life and reduce health care utilisation amongst Māori children with asthma. The intervention is directed to the parent(s), whānau member and or support person(s) of the child who has presented with and diagnosed as having asthma. Data analysis proceedings have begun that strive to reduce the health inequalities that exist for Māori children with asthma and most importantly, their whānau.

HE MOUMOU KAI, HE MOUMOU TĀNGATA

Kai governance, kai sovereignty, and the (re)production of kai: He moumou kai, he moumou tāngata. Te Atawhai o Te Ao will be hosting this kai sovereignty and governance research project, in collaboration with Te Whare Wānanga o Awanuiārangi staff (Fiona Wiremu & Graham Smith) and Te Puna Ora o Mataatua (Annemarie Gillies). The two-year project will make the distinction between 'kai' as a culturally defined Māori notion and western interpretations of 'food'. The project is funded by Ngā Pae o te Māramatanga.



Kaimahi Picks

Tā Te Rangatira Kai

We have been privileged to have a number of presenters provide kōrero around their specific areas of interest this term. To date, these kaikōrero have included;

Dr Doris Kaua, who presented on Māori control in Pākehā spaces: Lessons from Te Māori for Tourism. We welcomed Natasha Tassell-Matāmua, Hukarere Valentine & John Pahina from Massey in Manawatu, who presented on Thinking outside the box: Improving access for Māori within clinical practice. And the final presentation was given by Leonie Matoe who spoke about Kaitahi: The native superfood company that Ngā Rauru Kītahi are proud to have available on the market.

Te Mata Punenga o Te Kotahi Research Symposium

This symposium was held at Te Wharewaka on the 24th - 25th October on the Wellington waterfront. The interactive 2-day symposium featured research work undertaken by or in collaboration with Te Kotahi Research Institute in the following areas: Te Reo



Māori and Tikanga, Ako: Education, Kaupapa-ā-iwi, Historical Trauma and Hauora. Amongst the presenters were our own Dr Cheryl Smith and Helena Rattray who shared learnings from the He Kokonga Whare Project.

For more information on our projects, visit our [website](#). (add hyperlink)

E Rongo e whakairihia ki runga, ki runga - hai!

Turuturu ō whiti, whakamaua kia tīna - tīna!

Haumia, hui e - tāiki e!

Nā mātau katoa o Te Atawhai o Te Ao.