

Kia hiwa rā! Kia hiwa rā!

Haere ki mua, haere ki muri

The importance of taking responsibility for our actions

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Mihimihi

Tuia, tuia mai rā tō manawa

Tuia mai rā ki taku manawa

Tuia hoki o tātau mate, rātau e tiaho mai ana i te uma o Ranginui. Moe mai rā kautau

Te mouri e runga, te mouri e Rangi

Te mouri ka puta ki te whai ao, ki te ao marāma!



Office hours

Located at 248 St Hill St, Whanganui - our business hours are 9am-5pm weekdays excluding public holidays. Feel free to call in or contact our friendly team on (06) 345 2680 or by email info@teatawhai.maori.nz.

Organisation Updates

Check out our recent activities that the team have been involved in.



He Kokonga Ngākau Programme

We continue to build research capacity and capability, as well as advance innovative research methodologies and solutions, through four new research projects. These are being developed, incorporated under the theme He Kokonga Ngākau. This research programme, and its four research projects, will continue to draw on Māori ways of healing, recovery, and well-being. The four projects are named Whakamanu, Whakapapa, Whakarauora and Whakatika.

Ngā Pae o te Māramatanga Principal Investigators' Wānanga

More than 50 senior academics, researchers and university managers along with iwi representatives convened at Rānana Marae for the Ngā Pae o te Māramatanga Principal Investigators' Wānanga. This was held from 11-14 February 2019 co-hosted by Te Atawhai o Te Ao and Whakauae Research. The event presented an opportunity for both organisations and hapū, Ngāti Ruakā, to showcase the beauty of the awa and offer an opportunity for our manuhiri to connect with our iwi, our awa and our surrounds. Experts of Whanganui tūpuna knowledge, Turama Hawira, Gerard Albert and Che Wilson presented on various kaupapa during the evenings. Our manuhiri also paid a visit to the Morikau Incorporation and joined Ashley Patea and his team on the awa to hoe (row) a small stretch from Pipiriki to Hiruharama.



Ashley Patea steering for his team of academics from the Ngā Pae wānanga

Book Launch

Two new publications have been launched by the Independent Māori Institute for Environment and Health, Te Atawhai o Te Ao, at Rānana Marae, Whanganui. The first publication, He Ara Uru Ora: Traditional Māori understandings of trauma and well-being was written by master carver and teacher of traditional Māori navigation, Dr Tākirangi Smith. It draws on historic and current Māori narratives and understandings of trauma and struggle, and acknowledges that for Māori, these ideas are sacred and honoured. The second publication, He Rau Murimuri Aroha: Wāhine Māori insights into historical trauma and healing includes contributions from several Māori women scholars active in research and community initiatives, including Dr Rebecca Wirihana, Dr Cheryl Smith, Dr Kirsten Gabel, Dr Mera Penehira, Dr Hayley Cavino, Dr Lily George and Tarapuhi Vaeau.



Contributor Tarapuhi Vaeau along with three generations of her whānau at Rānana

Project Updates

Whakatika Research Project: Māori experiences of racism

In November 2018, we engaged with Māori around Aotearoa. We asked some brief questions about the impacts of racism on Māori health. This resulted in a strong focus on collective empowerment, and how racism is defined in Aotearoa. In collaboration with our learned Advisory Board, the survey was developed to better understand the everyday experiences that Māori may have to deal with and, the ways in which Māori cope, oppose and change racism. While this survey is electronic, it can only be completed at one of our stalls, which is travelling around Aotearoa.



Whānau at the Pākaitore stall provide survey feedback

We first released the survey in Wellington at the national Māori performing arts event, Te Matatini ki te Ao Kapa Haka held 21 – 24 February 2019. We also conducted the survey at the Whanganui Pākaitore Celebrations Day on the 28 of February 2019.



Adrian Rurawhe joins Hine at the Te Matatini stall to complete the survey

Many Māori have kindly contributed to the survey, and we are quarter-way towards meeting our target. If you are interested in filling out the survey, we endeavor to give plenty of notice of our schedule through our facebook page. Alternately, if you would like the survey to come to your region or big event, please contact;

Project Coordinator: Helena Rattray – Te Mana
Email: helena@teatawhai.maori.nz

Whakapapa Research Project: Whānau narratives

This project has been working alongside eight whānau researchers to foster whānau - led research. Together, we have travelled back in time and across the generations. Walking carefully through overgrown paths of whānau information. To discuss, and to learn about a plethora of topics. Cumulating with whānau narratives about matriarchs, whenua, kai, whāngai, event – related story, and most recently, taonga. As you read this, the whānau researchers would have recently left a three - day writing retreat. Held at The Flying Fox Retreat, Whanganui Awa. Imagine the lingering breath of water and bush from the Awa on their return, and satisfied smiles at having quality time to write.



Members of the iwi researchers participating in the various training sessions

Kaimahi Picks

Christmas Celebrations

After a year of hosting our kaunihera kaumātua during their weekly hui, we ended the year with a Christmas luncheon following a group photo shoot beside our Awa. 2019 has brought change which sees our kaumātua return to Te Puni Kōkiri to continue their regular hui. Sincerely from your Te Atawhai o Te Ao whānau, your absence is truly missed! We look forward to your monthly visits.

Connecting with our environment

Professional development is a focus for Te Atawhai o Te Ao. While many kaimahi have undergone some professional development over the 2018 year, this past quarter gave the team an opportunity to concentrate on our artistic ability while working with our natural environment. Pakohe Papers ran a half-day workshop with our team in December. Facilitated by Marty Vreede, the team learnt about the whakapapa of the fibre and the process in making harakeke paper. The team thoroughly enjoyed this session and the products of our efforts will be used in a variety of ways to support the work of Te Atawhai o Te Ao.

Whānau Day

As with each year, the team and their whānau are invited to share in a day of relaxation and whanaungatanga. This was held at Aramoho camping grounds, Whanganui where the team had access to cooking facilities and various activity for whānau to take part in. This is also a time where management can acknowledge the contributions that all kaimahi have made and to celebrate the many successes the organisation has worked through in the course of a busy year.

Apa Rising Celebrations

The Ngā Wairiki, Ngāti Apa Iwi Festival 2019 was held at Te Poho o Tuariki on 16-17 February 2019. A celebration for our Marae, Parewanui, Tini Waitara, Whangaehu and Kauangaroa to come together. The day included kaumātua, mātua, rangatahi and pēpi events as well as a marae bake-off competition. Kaimahi Susie, Tania and Cheryl who all whakapapa to Ngā Wairiki, Ngāti Apa supported and participated in the iwi event. And like others, our team and other spectators enjoyed the kaumātua mobility race.

Raukotahi Annual Waka Ama

On 2 March 2019, the annual Waka Ama inter-marae competition was held on our Whanganui Awa. It's a day of whakawhanaungatanga for many of our hapū including Ngā Wairiki-Ngāti Apa and Ngā Rauru. Many of our staff affiliate to one or more of our regional marae which saw lots of whānau participate in the day's activities. It was definitely a day enjoyed by all!

"Ko au te awa, ko te awa ko au!"

E Rongo e whakairihia ki runga, ki runga - hai!
Turuturu ō whiti, whakamaua kia tīna - tīna!
Haumia, hui e - tāiki e!

Nā mātau katoa o Te Atawhai o Te Ao

