

# Tihei mauri ora!

Hoki atu ki ngā maunga kia purea e ngā hau o Tāwhirimātea

*The importance of returning home for your well-being*

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## Mihimihi

Tuia, tuia mai rā tō manawa

Tuia mai rā ki taku manawa

Tuia hoki o tātau mate, rātau e tiaho mai ana i te uma o Ranginui. Moe mai rā kautau

Te mouri e runga, te mouri e Rangi

Te mouri ka puta ki te whai ao, ki te ao marāma!



### Office hours

Located at 248 St Hill St, Whanganui - our business hours are 9am-5pm weekdays excluding public holidays. Feel free to call in or contact our friendly team on (06) 345 2680 or by email [info@teatawhai.maori.nz](mailto:info@teatawhai.maori.nz).

# Organisation Updates

Check out our recent activities that the team have been involved in

## Changes on our Board

He mihi maioha ki te pou kuia, Rii Templeton, mō ōu pukenga atawhai ki te whānau o Te Atawhai o Te Ao mai i te tīmatanga. With much gratitude, the team bid farewell to one of our establishing Board members who has recently resigned. Rii helped to set up our first office in Mātai Street, Castlecliff, Whanganui. She was also one of our whānau Board members representing local iwi. She was also instrumental in the development of the Kaupapa Document which helped monitor and guide the kaupapa of the institution. Your never-ending support will always be remembered. Mā te Atua koe e tiaki i ngā wā katoa.



Whilst we farewell a stalwart, we also welcome a familiar face to our Board table, Professor Linda Tuhiwai Te Rina Smith CNZM (née Mead), who is a professor of indigenous education at the University of Waikato in Kirikiriroa, Hamilton. The daughter of June and Hirini Moko Mead, she affiliates to Ngāti Awa and Ngāti Porou. Linda earned her BA, MA (hons) and PhD degrees at the University of Auckland. In the 2013 New Year Honours, she was appointed a Companion of the New Zealand Order of Merit for services to Māori and Education. She is married to fellow academic, distinguished Professor Graham Hingangaroa Smith, and their daughter Kaapua is one of our whānau researchers participating in our Whakapapa Research Project. Nau mai, whakatau mai e te pou.

## Acting Business Manager

Nō hea te kakara e hau paroa nei? Ko te auahi o te ahikā o Te Kere.  
Ā, ka puta ngā uri, ko Karanga, ko Raima, ko Te Putere, ko Te Mātau O Te Rangi, ko Tūkapua.  
Ka noho ki a Mārama o Ngāti Ruaka, ka puta ko au. Ko Ana Te Putere O Te Rangi.  
Ko Ngāti Tū te iwi, Tawata te kāinga, Te Hīnau te marae.



Tēnā tātou,

I am filling in for Miriama as Business Manager while she takes some time off mahi to focus on her pēpi and whānau. I'm joining Te Atawhai o Te Ao in a business operations capacity and bring with me a Bachelor of Business with a major in Management. Before Te Atawhai o Te Ao, I was working at Ruapehu Recruitment in Ohakune, managing the communications and offering project support. I also have experience in office management and executive assistance.

I am excited to be part of a team that supports kaupapa Māori, is committed to health and environmental research, and sits within an independent, local organisation. I am also currently undertaking a Graduate Diploma in Psychology and plan on getting my Masters and PhD a little later down the track, so it's awesome working alongside academics and gaining insight into research professions.

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# Project Updates

## Whakatika Research Project: A survey of the Māori experiences of racism

Gathering data and conducting our survey for this project has been a top priority, and is due to end in March 2020. We have since run stalls at the Koroneihana, Ngāruawāhia, and UCOL, Whanganui, and we have a great line-up of upcoming events.

We're targeting events such as;

- Māori Rugby League Tournament, Rotorua, 26–27/10/19
- Ngāi Tahu Hui-ā-iwi, Invercargill, 24–24/11/19
- Taranaki Tū Mai, Inglewood, 1/12/19

Meanwhile, the research team and advisory board members are preparing a report focusing on rangatiratanga, from our key informant findings. We will let you know when this becomes available.



## Whakarauora Research Project: Whanganui customary fishing

The Whakarauora Research Project aims to re-integrate traditional fishing knowledge of tūpuna from the Whanganui River into an educational curriculum and through an environmental group led by tamariki and rangatahi called, Te Morehu Whenua. Te Morehu Whenua – the name bestowed upon this group by their pahake and Ngāti Ruaka hapū – are made up of 16 members.



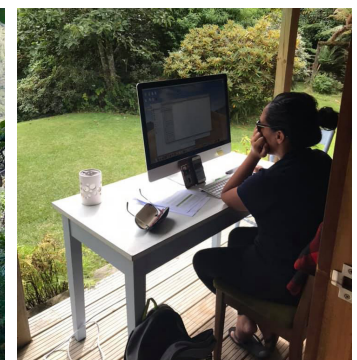
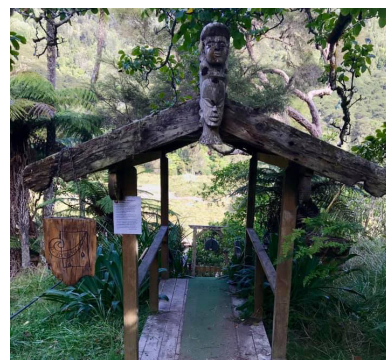
Te Atawhai o Te Ao facilitate wānanga in which Te Morehu Whenua attend to learn about environmental and fishing knowledge, such as tuna, kākahi, piharau, and ngaore. The first wānanga was facilitated on Rānana Marae during 24-25 August. The wānanga included practical activities along the awa such as bobbing, dissecting, and eating tuna. Other learnings involved waiata on Whanganui names of tuna as well as journaling whakapapa of tūpuna to highlight the ancestral connections to the land blocks around

Rānana. These wānanga have provided an opportunity to intergenerationally pass on knowledge associated with kai and tikanga Whanganui.



## Whakapapa Research Project: Whānau narratives

The project has been extended until June 2020. This allows additional time for whānau researchers to conduct their research, analyse, and write up their findings. Our next iteration will include creative methods of disseminating findings, through weaving, videos, and other media. Whānau researchers have been making great progress. We have just finished a writers' retreat in Whanganui: this dedicated time of writing has proven invaluable.





## Kaimahi Picks

### Ngā mokopuna hou

Thei mauri ora ki te whai ao, ki te ao mārama!!

Te Atawhai o Te Ao are excited to welcome to our whānau two mokopuna hou.

Introducing Kahukura Rain Patea born 20 July 2019, mokopuna of Ngareta and Dom. Pōtiki to her other four siblings and Aunty Hira. Kahukura is a living example of grandparents raising their mokopuna, surrounded by those who demonstrate absolute whānau ora.



And the newest addition to the Te Atawhai o Te Ao whānau, born to Miriama and Matt, we welcome Hina Jasmine Amayah Ranga, born 27 September 2019.



I whānau mai i te ata o te 27 o Mahuru, i te āhuru mōwai o ōna mātua, whānau hoki, ki rō wai. Ko tāna, he tuitui te tangata ki te aroha, he taonga tuku iho nā ngā mātua tūpuna.

### Kauangaroa Health

Kauangaroa Marae health rōpū attended the Te Tohu Rangatira, Whanganui District Health Quality Awards on 6 September 2019. The event recognises and pays tribute to the efforts of those working in Whanganui's health and disability sector. With awards across 12 categories, Kauangaroa Marae health rōpū were nominated in the Whakapapa and Whanaungatanga category. This category recognised establishment and enhanced relationships between service users, whānau, and colleagues. Although they did not receive an award, the night was a great success and enjoyed by our kaumātua and whānau.

Kauangaroa Marae kaumātua and whānau meet once a month at Te Atawhai o Te Ao. An array of health topics are presented by local and national health providers and educators. The health sessions aim to support, nurture, and improve the overall well-being and health of our kaumātua and whānau.



E Rongo e whakairihia ki runga, ki runga - hai!  
Turuturu ō whiti, whakamaua kia tīna - tīna!  
Haumia, hui e - tāiki e!

Nā mātau katoa o Te Atawhai o Te Ao