



Te Atawhai o Te Ao  
Independent Māori Institute for Environment & Health

# PĀNUI TEKAU-MĀ-RUA

2018 / 2019





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# MIHIMIHI

Puhaina Tongariro  
E rere nei Whanganui  
Ko te wai inuina tēnā  
O Ruatipua i mua e ...!

E tangi ana te ngākau ki a rātau kua huri atu ki tua o te ārai. E kī ana te kōrero:

Tupua-horo-nuku! Tupua-horo-rangi!  
Ea ai ō mate!  
Kei waho kei te moana, whakangaro atu ai!  
Ue ha! Ue ha!

E rere ana te ia o mihi ki a kautau ngā kanohi ora o ngā tūpuna, e aro mai ana ki tēnei whakaputanga tekau-mā-rua, me ngā mahi kua oti nei i a mātau o Te Atawhai o Te Ao i ngā mārama tekau-mā-rua kua pahure. Kei te mihi hoki ki te hunga i kaha taunaki nei i a mātau me ngā mahi rangahau, ā-hāpori, ā-iwi, ā-hapū, ā-whānau. Kei te tere tonu tō tātau waka i runga i te kare o ngā wai, tēnā, kia rite ai te hoe i tō tātou waka ki tā ngā mātua takitaki ai:

Kei tō te ihu, takoto ake!  
Kei tō waenganui tirohia!  
Tēnei ākina, rite kia rite, rite kia rite!

Ngā toa pohe, e ngari tō hoe!



# WHAI PĀINGA

## GROWING KAUPAPA MĀORI LEADERSHIP ACROSS THE RESEARCH SECTOR

### Staff Capability

December 2018 saw staff participate in a two-day writing course, with Shelly Davies, covering plain yet succinct language. Knowledge gained will make way for improved communications capacity of research progress and outcomes.

Staff continue to demonstrate their leadership skills, drawing on their experiences in their work and community involvement. An attitude of lifelong learning is encouraged and all staff are actively supported in their professional development opportunities.

Meri Haami continues her doctoral studies looking at the relationship between the Whanganui awa, Rānana Marae, and hapū waiata. Meri was awarded a Summer Internship for Indigenous Genomics Aotearoa (SING) 2019. The SING Aotearoa programme is designed to further develop indigenous understanding of genomics alongside some of the best researchers in Aotearoa and the world.

Miriama Cribb is enrolled in a Master of Business Studies at Massey University and begins her thesis component July 2019.

Susie Wakefield is continuing her Master of Nursing at Victoria University and is participating in the Kurawaka Māori Midwives and Nurses Leadership Programme. Susie also attends tikanga Māori classes at Te Wānanga o Aotearoa as a continuation from her kaikaranga classes.

Tania Kara also attends the tikanga Māori classes alongside Susie as a continuation from their kaikaranga classes; together they are deepening their knowledge on tikanga Māori practices. In May 2019, Tania began participating in a rongoā wānanga series on the Whanganui River with Rob

McGowan supported by Ngā Tāngata Tiaki o Whanganui.

Ngareta Patea is enrolled at Te Wānanga o Raukawa, studying marketing, as part of the Pou Tāhu Whakahaere – Masters of Māori Management. Ngareta also continues to attend local reo Māori classes with Te Wānanga o Aotearoa and is actively involved with the rongoā wānanga, alongside Tania, filming the sessions.

Rāwiri Tinirau attended hui for Te Tira Takimano – Ngā Pae o te Māramatanga's Electoral College of Partners; Te Tira Takimano helps ensure the voice and mana of researchers and partners in Ngā Pae o te Māramatanga.

Cherryl Smith featured in Te Rau Ora's 100 Māori Leaders; a resource that identifies Māori leaders of today who, influence and contribute to Māori health and well-being, are at the top of health career pathways, inspire the Māori health workforce, and, generate interest from others to look at careers in health. Cherryl's profile for this huge honour is reproduced below.

## DR CHERRYL WAAREA-I-TE-RANGI SMITH

NGĀTI APA, WHANGANUI, TE AITANGA A HAUITI,  
NGĀI TUMAPUHIARANGI, NGAI TAHU

(Written by Helena Rattray-Te Mana)

*'Kāore te kūmara e kōrero mō tōna ake reka.  
The kūmara (sweet potato) does not say  
how sweet it is. The proverb accentuates  
the value of humility.'*

Empathy, courage, and the tenacity to advance Māori health and well-being are at the heart of this Māori leader. While working within academia, Dr Cherryl Waarea-i-te-rangi Smith imagined a kaupapa Māori research institute with the capacity to embrace Māori approaches while addressing Māori and community issues. Vision became reality in 2005, when Cherryl founded and directed the first community-based, independent research institute in Aotearoa, focusing on environment and health research – Te Atawhai o Te Ao has a growing national and international reputation for leading kaupapa Māori research, particularly in the promotion of Māori generational well-being and trauma-informed care, as an outcome from the ground-breaking intergenerational trauma and healing programme of research.

With over 25 years' experience, Cherryl's research interests have resolutely included studies that are centred within Māori communities. These include Māori resilience, development, involuntary toxin exposure, biotechnologies, grandparents raising mokopuna, healing from sexual violence, disconnection from whenua, and incarceration. Cherryl's commitment to Māori advancement is also reflected in her desire to ensure that the Institute continues to service Māori community research needs, now and into the future. Cherryl has recently changed roles from Co-Director to Senior Research Fellow at Te Atawhai o Te Ao, thus enabling a new generation to lead her vision.

Amid Cherryl's commitment to Māori health and well-being, she is raising her eldest mokopuna and is dedicated to her whānau, marae, hapū, iwi, and



community. Her involvement includes contributing to the Women's Refuge, Māori Women's Welfare League, Te Kaunihera Kaumātua o Whanganui, Kauangaroa Marae health promotions group, as well as research, ethics, and assessment committees.

Cherryl is an astute leader, who exemplifies humility by giving selflessly, providing wise mentorship, and encouraging others to do their best. Finally, she is viewed as a scholarly rock star amongst emerging researchers, forging a scholarly space in the early 1990s, which validated kaupapa Māori research for Māori researchers and communities.

It has been an honour to share the sweetness of this kūmara, so that together, we may celebrate Dr Cherryl Waarea-i-te-rangi Smith's leadership, passion, and commitment to enhancing Māori health and well-being, and achieving Māori aspirations.

# Advocacy & Advice

Te Atawhai o Te Ao also promotes Māori development in the research sector through advocacy and advice to Māori communities, who lack a voice or struggle to connect or communicate with their intended audiences.

Highlights include; Rāwiri's work with the Whanganui Regional Museum on text for taonga within the Māori Court unveiled at the museum opening, held

15 March, 2019; and, Cherryl's advisory role on the Māori Trauma Informed Care project with Waikato University and the Brainwave Trust.

Through mentorship, Te Atawhai o Te Ao supported Connor Pauro of Whanganui City College with his preparations for the National Ngā Pū Kōrero Speech Competition in Gisborne, where he won the Intermediate Boys' category.

Finally, senior staff continue to perform supervisory roles of postgraduate students; Pauline Hiroti, doctoral candidate in Contemporary Dance, University of Auckland; Naomi Herewini-Houia, Master of Applied Indigenous Knowledge, Te Wānanga o Aotearoa; and, Tina Karaitiana, doctoral candidate in Māori Economic Development, Te Whare Wānanga o Awanuiārangī.



Connor Pauro with the Māori Women's Welfare Leave following the Ngā Pū Kōrero Speech Competition in Gisborne

# Services

Te Atawhai o Te Ao responds to various requests for interviews, presentations, advice and support, assignment review and other services. These include Meri's commissioned composition for Te Kōkī NZ School of Music for a Suffragette 125 Celebration and serving as a panelist at Te Kōkī (NZSM) "Soundbites".

Cherryl served on the Health Research Council Assessing Committee in September 2018: completed an article review for *Knowledge Cultures Journal: Precarious Pedagogy: Attending to the Vulnerability of Stolen Generations* for Dr Carl Mika, and completed an interview as part of the Marsden funded research on Whāngai and Adoption.

Rāwiri supported a performance-based research fund evidence portfolio in te reo Māori for Massey University, and is the external monitor for Poutuarongo Whare Tapere – Bachelor of Literary Performing Arts, Te Wānanga o Raukawa. He also contributed to Te Kawa a Māui Tikitiki – Ngā Rauru Model of Entrepreneurship, and the Kaitahi product development.





Hukarere Valentine



John Pahina

## Tā Te Rangatira Kai

### Building researcher capacity and leadership

This period we had the pleasure of hosting some amazing speakers and tuned in to a lot of interesting and inspiring kōrero. Janine Maruera presented on poi atua from a Ngāti Ruanui lens. Dr Doris Kaua returned home the following month to talk on Māori control in Pākeha spaces and her observations at the Te Māori exhibition in New York, USA. Massey Manawatū trio, Natasha Tansell-Matāmua, Hukarere Valentine, and John Pahina delivered an intriguing presentation on thinking outside the box – improving access for Māori with clinical practice. Ngā Rauru's Leonie Matoe spoke on Kaitahi – native superfood company, and allowed participants to taste test the product flavours. Dr Chris McEwan from Wellington discussed hīkoi in the health system and invited participants to share their whakaaro on patient prioritisation when waiting for surgical services. Our own Dr Cheryl Smith and Helena Rattray-Te Mana presented on generational change focusing on Māori experiences of racism. And finally, Te Aroha McDonnell presented on effective collaboration between Māori authorities and post settlement governance entities.

Helena Rattray-Te Mana



Dr Chris McEwan



Te Aroha McDonnell



# WHAI AO

## BUILDING COLLABORATIONS WITH INDIGENOUS & INTERNATIONAL RESEARCHERS

### Conference Highlights

Attendance at various domestic and international conferences throughout the year has seen relationships formalised with multiple academic, government, and community-based research organisations. Collaborations with international indigenous scholars also featured during a visit to Hawai'i for an indigenous research conference. Te Atawhai o Te Ao also hosted indigenous scholars, and attended meetings with international visitors to Whanganui at the invitation of local organisations.

More than 50 senior academics, researchers and university managers along with iwi representatives convened at Rānana Marae, Whanganui River, for the Ngā Pae o te Māramatanga Principal Investigators' Wānanga. This was held from 11-14 February, 2019, co-hosted by Te Atawhai o Te Ao and Whakauae Research Services. The event

presented an opportunity for both organisations and hapū, Ngāti Ruaka, to showcase the beauty of the awa and offer an opportunity for our manuhiri to connect with our iwi, our awa, and our surrounds. Experts of Whanganui tūpuna knowledge, Turama Hawira, Gerard Albert, and Che Wilson presented on various kaupapa during

the evenings. Our manuhiri also paid a visit to Morikaunui Incorporation and joined Ashley Patea and his team on the awa to hoe (paddle) a small stretch from Pīpīriki to Hiruhārama.



He Au Honua: Indigenous Research Conference  
Hawai'i: 18-22 March, 2019

Held on Māui, Hawai'i, this conference was attended by Cheryl, Rāwiri, and Raymond Tuuta. This hui helps to inform the He Kokonga Ngākau research programme and other initiatives.

Our attendees learned much from a range of kaikōrero including Ngāti Tiipa, who are currently developing a digital archive for their hapū, iwi, and cluster of marae at Te Puaha o Waikato.

The archive incorporates whakapapa, whenua, and other rauemi - for example oral recordings with ruruhi and koroheke. The aim of this project is to develop a database of Ngāti Tiipa tūpuna. Researchers include Tahu Kukutai, Heeni Kani, and Vanessa Clark.

Whilst not specific to any particular element of this project, Raymond Tuuta will be reflecting on his time at the conference, and what learnings can be shared to whānau researchers: Glenis Philip-Barbara, Hiria Philip-Barbara, and Meadow Hussey, from Ngāti Rangī hapū of Reporua Marae and Ngāti Porou, presented on the importance of whānau setting their own goals; whānau presenters came from three generations and discussed te reo, tāmoko, and tito waiata revival amongst other topics. Another presentation by Mākere Sikisini involved Ngāti Porou whānau not embalming tūpāpaku and taking over the care of tūpāpaku themselves right from the time of death to the burial.



Hawai'i Community College on Maui where Rāwiri and Cheryl presented on the He Kokonga Ngākau research programme



Keynote presenter, Pualani Kanahale of Hawai'i Community College included information on the sun, moon, and stars. Pualani also encouraged those in attendance to look at mele (mōteatea) first when it comes to unearthing traditional knowledge. A visit to Kanu Ka 'Ike, a diversifying land use project at Hōkūnui, Makawao provided insight into a 'ōhana (whānau) initiative to connect people to the land through various land activities, including a native plant nursery. Resources to assist keiki (tamariki) develop skills in kilo (tiro) were provided in terms of phases of the moon and cloud types.

Keynote presenter, Leonie Pihama of Te Kotahi Research Institute provided national and international context to racist atrocities that have and

continue to impact Māori and other indigenous peoples. A hui was held with Donna Cormack regarding the Whakatika survey; Cheryl met with researchers from other teams, including the Dunedin Longitudinal Study; and, Erana Flavell, Aroaro Hond, National youth survey advisor Piki Huia, and Honour project manager Ali Green all showed interest in the Whakatika survey content and process.

University of Waikato have a research life-cycle for postgraduate Masters students, repurposed for a Māori audience, based on discussions with Māori academics, using 'how Māui slowed the sun' as a framework. This same approach could be used to develop a framework for Whanganui secondary students, based on Whanganui narratives.

Ngā Taonga Tuku Iho – Māori Cultural and Intellectual Property Rights Conference  
Whakatū, Nelson: 16-18 September, 2018

Attended by Meri Haami, the focus of the conference was WAI 262 and the Mataatua Declaration. This focus diverged into a range of topics such as; cultural misappropriation; current intellectual property laws within Aotearoa; tikanga and protocols for whānau, hapū, and iwi with their taonga collections; Māori narratives in business; taonga species and intellectual property; geographical indications of biocultural heritage labelling; creative works; and, international perspectives from indigenous South America and Australia.

A range of activities were included within the conference involving: key note speakers, Oliver Sutherland, Deputy Chief Judge Caren Fox, Honourable Ministers Nanaia Mahuta, Kris Faafoi, Moana Jackson, Terri

Janke, Maui Solomon, Paul Morgan, Alejandro Argumedo, and lastly, Te Aroha Te Pareake Mead. Further activities included panel discussions, concurrent workshops, and poi practices.

During this conference, specifically through the concurrent workshop, "Tikanga, Protocols & Practices for Whānau, Hapū and Iwi Māori Collections" on 17 September 2020, Meri presented on her Master's study, Whanganui Kaiponu, Doctoral study, as well as the Whakamanu Research Project. Prior to the conference, Meri was able to obtain permission to speak briefly about the Whakamanu Research Project from a Rānana Marae perspective, as well as the initial project plans. Meri received positive feedback in this area from conference attendees.

The aforementioned diverging of topics stemming from WAI 262 and the Mataatua Declaration interconnect with both the Whakamanu and the Whakarauora

Research Projects. In terms of the topics that align with the Whakamanu Research Project, cultural misappropriation from both Māori and non-Māori as well as current intellectual property laws within Aotearoa are pertinent. These topics highlight further learnings from experts within the legal system as well as other arts areas to share knowledge regarding conditional access as well as informed and prior consent issues, which relate to both marae and hapū communities. Further key themes include how hapū and marae communities have to think regarding the protection and accessibility of mātauranga Māori within the context of intellectual property law. Other topics of discussion included the environmental aspects of flora and fauna originating from the WAI 262 claim, such as taonga species and intellectual property and geographical indications of biocultural heritage labelling. While the focus of the Whakarauora Research Project presently is centered



Meri Haami presenting at the Ngā Taonga Tuku Iho - Māori Cultural and Intellectual Property Rights Conference September, 2018 in Nelson

on Whanganui customary and traditional fishing knowledge, the surrounding environment within the awa including the river banks and flora have a vital influence on tuna. The discussions surrounding

flora is further pertinent to Whanganui traditional weaving and Whanganui uri having access to their traditional resources, which was highlighted as a key and significant catalyst for the

WAI 262 claim as traditional weavers were not able to have access to their plants in order to weave.



## Building Collaborations

*Ināia Tonu Nei Hui Māori: The Justice System*  
Rotorua: 5-7 April 2019

Researcher Helena Rattray-Te Mana attended this hui on behalf of Te Atawhai o Te Ao. The conference met prison project and He Kokonga Whare programme outcomes, including providing Māori perspective of the justice system on behalf of all the people we interviewed from the prison project.

The conference contributed strategies to reduce the disproportionate number of Māori sentenced to incarceration. Those Police, Courts, Oranga Tamariki, and Corrections in attendance contributed to

conference discussions in the following ways:

- Contribute to and influence the reform programmes,
- Build and strengthen relationships within Te Ao Māori,
- Build and strengthen accountability of the justice sector with Māori,
- Recognise and advance the critical space Māori must hold, which is central to any justice reform and indeed transformation,
- Be heard in ways that lead Government actions that Māori have called for.



This hui is a new initiative, resulting from an outburst by Māori attending the National Criminal Justice Summit held in Wellington in November 2018 to address the lack of Māori voice at these summits.

# WHAI TAKE

TO GENERATE INNOVATIVE IWI, HAPŪ, AND WHĀNAU KNOWLEDGE IN HEALTH, WELL-BEING, AND ENVIRONMENTAL RESEARCH

## He Kokonga Ngākau Research Programme

Te Atawhai o Te Ao is the second Māori-led programme awarded by the Health Research Council (HRC) in 20 years and have made history as the first HRC programme awarded to a community-based host.

Our mission is to be a community-led and globally recognised indigenous research institute

that generates and rediscovers knowledge focused on health and environment for the benefit of our people.

Te Atawhai o Te Ao continues to build research capacity and capability, as well as advance innovative research methodologies and solutions, through four new research projects.

These are being developed and incorporated under the theme He Kokonga Ngākau. This research programme, and its four projects, namely; Whakamanu, Whakapapa, Whakarauora, and, Whakatika, will continue to draw on Māori ways of healing, recovery, and well-being.



## Whakatika Research Project

Lead investigator: Dr Cheryl Smith  
Project coordinator: Helena Rattray-Te Mana

This research project aims to generate new quantitative knowledge of intergenerational trauma and healing. The research focuses on the health impacts of racial stressors and racism for Māori, both structurally and culturally. In particular, the research examines the multigenerational, collective, and historical ways that racism is experienced by contemporary Māori living in Aotearoa New Zealand.

This significant research recognises:

- and reconsiders the ways that Māori health data is gathered, reported, and analysed, given the continued poor Māori health outcomes across most major indices;
- our early He Kokonga Whare research programme, which showed that intergenerational trauma and healing was a critical factor to understand the current social and health outcomes for Māori;
- that despite significant emerging research of Māori experiences of racism in the justice and health system, little is known about the multigenerational, collective, and historical experience of racisms; and
- the current analysis of racism remains is largely driven by the Human Rights definition of racism, and does not account for the range of racisms that Māori experience that are unique to Māori as an indigenous population.

Our advisory board has been instrumental in the design of the research methodology. Preliminary research included the development and administration of an initial survey, which sought opinions from 65 public Māori figures with an expertise in rangatiratanga. These preliminary research findings were used to inform the research domains and shaped the kaupapa Māori research framework for understanding racism.

This resulted in the design of the primary data collector, the Whakatika survey: a survey of the Māori experience of racism. This survey focuses on: Māori experiences of racism; health and emotional impact and responses; and, strategies for intervention, whilst taking account of the multigenerational, collective and historical changes that may have occurred.

The Whakatika survey was first released at Te Matatini, Wellington in late February 2019 and has since been administered at multiple events throughout Aotearoa.

The project requires 2,000 respondents, which has an expected achievement timeframe of late February 2020.

The survey feedback has been overwhelmingly positive, with respondents showing a sincere appreciation for a safe forum to share their experiences, and how they cope, oppose, and change racism. This is of huge significance as most incidences of Māori experiencing racism is not reported to the NZ Human Rights Commission.



Cruz and Connor Pauro with fellow spectators at the February 2019 Te Matatini Ki Te Ao Kapa Haka event.



## Whakapapa Research Project

Lead investigator: Dr Rāwiri Tinirau  
Project coordinator: Helena Rattray-Te Mana

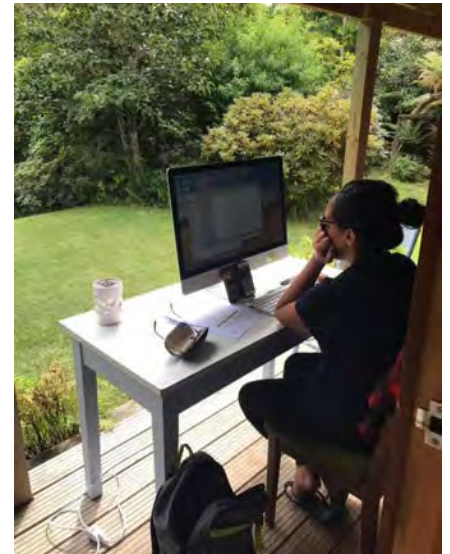
This project undertakes whānau-led research, with the purpose of exploring whānau narratives and whakapapa connections, giving an insight into the organisation, perseverance, preservation, and engagement of whānau and whakapapa over time.

Eight whānau researchers with different hapū and iwi affiliations from around the motu have been engaged with, meeting regularly for training and discussion. Our whānau researchers have identified eight themes and are writing from their own whānau perspective on:

- Matriarch
- Whenua
- Kai
- Whāngai
- Event-related story
- Taonga
- Deoxyribonucleic acid (DNA)
- Methodology

The training sessions involve archival access processes at libraries and through the Māori Land Court. They connect with various iwi experts to wānanga about kaupapa relevant to their themes. An opportunity was also provided to allow the whānau researchers to visit repositories of historic documents to support their writings. In addition to the training, they have attended a three-day writing retreat up the Whanganui River amongst the serenity of Te Awa Tupua.

This project ends June 2020 with content to be published.



Members of the Whakapapa Research Project team engaging with Piri Cribb at Māori Land Court in Whanganui



## Whakamanu Research Project

Lead investigator: Dr Rāwiri Tinirau  
Project coordinator: Meri Haami

The Whakamanu Research project aims to create a marae-based archive for two marae communities to organise and house their taonga. These marae communities are Ngā Wairiki of Kauangaroa Marae and Ngāti Ruaka and Ngāti Hine of Rānana Marae. This project has developed steadily from the previous year, resulting in one established physical archive through Rānana Marae as well as the development of a hybrid archive involving both digital and physical elements through Kauangaroa Marae.



Whaea Uru Gardiner speaking with Susie Wakefield at Kauangaroa Marae

During March and April, the physical archive of Rānana Marae began with help from the researchers as well as the surrounding marae community. This resulted in two weeks of pahake sharing memories, naming tūpuna within Te Morehu wharepuni, as well as successfully establishing the first stage of the Rānana Marae Archive. In September 2018, researchers met with experts from other organisations and institutions including Te Papa Tongarewa Museum of New Zealand, Ngāti Apa, and Ngā Wairiki through wānanga and workshops. These examined digitalisation, digital archiving and meta-data. Furthermore, connections and relationships were consolidated with other marae along the Whanganui awa that were also interested in archiving, such as Te Ao Mārama Marae.

This project further saw the interviewing of both hapū and marae communities. This led to diverse hapū perspectives on what taonga means, how the marae could best accommodate taonga, and what the archives could mean for the future well-being

of our marae communities. These perspectives highlight the best ways to create and care for their archive in accordance with each respective marae community.

Overall, this project achieved key milestones during the year, including;

- *conducting fieldwork:*
  - » interviewing both hapū and marae communities
  - » consolidating and thematically analysing diverse hapū and marae perspectives,
- *completed research outputs:*
  - » beginning the publishing of the literature review
  - » methodology regarding both marae processes
  - » dissemination of research through an international conference including the 18th Symposium on Indigenous Music and Dance (Melbourne, Australia),
- *digitalisation:*
  - » meeting and connecting with key experts within museology and archival work to begin the process of digitalisation.



Whaea Evelyn Broad and Toreheikura Puketapu at Rānana Marae



## Whakarauora Research Project

Lead investigator: Dr Rāwiri Tinirau  
Project coordinator: Meri Haami

The aim of the project is to collect traditional fishing knowledge and methods used by Whanganui tūpuna. This project has changed within the past year, resulting in the knowledge being collected through case study methods. Case study involves examining and observing one or more groups, organisations, or institutions in order to later compare and contrast how they use different processes and methods. The case studies for the Whakarauora Project include the education curriculum that will be developed as well as an environmentalist group led by rangatahi and tamariki who whakapapa to Rānana hapū, Te Morehu Whenua. The name Te Morehu Whenua was bestowed by pahake of Ngāti Ruaka hapū.

The fishing knowledge of Whanganui tūpuna includes species of tuna, kākahi, piharau, ngaore, and koura. Additionally, Whanganui maramataka is utilised to dictate fishing times as well as levels of energy regarding research output for Te Morehu Whenua. Furthermore, this fishing knowledge is gathered through wānanga, which facilitates speakers from Whanganui and beyond to give kōrero regarding their expert knowledge areas. These kōrero are given through a number of forums including workshops, seminars, and lectures during the wānanga, which will not only be taught to Te Morehu Whenua but also reintegrated into an education curriculum. Moreover, the kōrero are video-recorded and journaled by Te Morehu Whenua,

which will contribute towards the creation of a body of video-audio-based literature. This will then be collated and strategised to be implemented within the curriculum and disseminated back to Te Morehu Whenua.

Overall, this project achieved key milestones during the year, including;

### *Establishing collaboration and support:*

- the creation and establishment of Te Morehu Whenua
- creating, connecting, and consolidating relationships with experts regarding fishing knowledge within Whanganui and beyond,

### *Completed research outputs:*

- beginning the publishing of the literature review
- methodology for Te Morehu Whenua and the education curriculum
- dissemination of research methodologies and process through conferences such as the Mahika Kai Conference 2019, as well as the 18th Hawai'i International Conference on Education (Honolulu, Hawai'i),

### *Continuing and expanding research in critical expert areas:*

- these expert areas include education, Whanganui maramataka, tuna and piharau; hīnaki, and korotete
- expanding critical expert areas that further encompass koura, ngaore, kākahi, environmental restoration activities, through Moutoa Island, and kai.



Te Morehu Whenua whānau at Rānana Mārae

# Other Projects

## Kai Sovereignty Project

Te Atawhai o Te Ao proudly hosts “He mōumou kai, he mōumou tāngata” research project, founded by Ngā Pae o te Māramatanga. This project brings together researchers from Te Atawhai o Te Ao, Te Puna Ora o Mataatua, Reka Trust, and Te Whare Wānanga o Awanuiārangī.

This research platform makes the distinction between ‘kai’ as a culturally defined Māori notion and western interpretations of ‘food’. “He mōumou kai, he mōumou tāngata” describes a state where our existence and futures as healthy Māori people

are put at risk because our kai sources, including access to kai, growing kai, preparing kai, the lore/law pertaining to kai, and control of kai systems is diminishing. Without kai or wai the people will perish!

This research aims to develop a ‘collective framework’ incorporating āhuatanga Māori according to tikanga Māori for testing on case studies/projects that will enable Māori to protect and reclaim control over kai – a transforming framework that has at its core mātauranga Māori informed kai governance, systems of kai control, and engagement in the (re)production of kai.

[IUHPE 23rd World Conference on Health Promotion](#)  
Rotorua: 7-11 April, 2019

Rāwiri attended this conference as part of the Kai Sovereignty project alongside Fiona Wiremu. Several connections were made with attendees, including co-presenters Dr Geoff Kira of Massey University, and Assoc Prof Treena Delormier of McGill University. An invitation has been extended to the project team by Megan Tunks, CEO of Toi Tangata, to present at the next Hui-a-Tau in Hawkes Bay, 2020. The focus will be on kai sovereignty and kai insecurity.



Rāwiri Tinirau, Fiona Wiremu (Te Whare Wānanga o Awanuiārangī), Assoc Prof Treena Delormier (McGill University) and Dr Geoff Kira (Massey University) at the 23rd International Union for Health Promotion and Education (IUHPE) Conference April 2019 in Rotorua

Living Breath of wlbaltxw  
Indigenous Foods and  
Ecological Knowledge  
Symposium

University of Washington,  
Seattle: 3-4 May, 2019

Rāwiri and Fiona were invited to present at this symposium as keynote speakers.

Several connections were made with attendees, including

symposium coordinators, Susan Balbas of Na'ah Illa hee Fund, Dr Charlotte Coté of University of Washington, Dr Michelle Montgomery of University of Washington, Dr Dian Million of University of Washington, and, Joran Brown Woolston. Connections were also made with other presenters; of note, Mariaelena Huambachano of California State University, and attendee Prof Mike Spencer

of University of Washington. Many of the presentations and workshops referred to projects being conducted within indigenous communities of the United States, Canada, Mexico, and Peru. Rāwiri was also inspired by Nitanis Desjarlais and John Rampanen with their native food stalls, and has contacted whānau members back home to think seriously about the revitalisation of our customary kai.

## Other Research Activities

### He Waka Eke Noa Project

Cherryl began collaborating on He Waka Eke Noa with Waikato University, funded by the Ministry of Business and Innovation. This project, led by Associate Professor Leonie Pihama, looks at Māori cultural frameworks for violence prevention and intervention, and will undertake a national survey, investigating the extent of family and sexual violence for Māori. The first survey of its kind, it is a critical part of the wider four-

year project, which will provide an evidence-based measure of the prevalence of family and sexual violence for Māori and extend that to prevention and intervention grounded in Māori culturally defined programmes and initiatives.

### Pakaitore Historic Reserve Board

On behalf of the organisation, Rāwiri and Cherryl are leading a project in collaboration with the

Pākaitore Historic Reserve Board. The purpose of this project is to produce a shared narrative on Pākaitore and its history which represents the many various and sometimes conflicting narratives of the site. A report will be launched at the 25 year celebration of Pākaitore Day, Whanganuitanga celebrations, on 28 February, 2020. It is the hope that this report will be a balanced, neutral, and fair representation of the contested kōrero surrounding the site.





Kauangaroa Marae kaumātua attended the Te Tohu Rangahau, Whanganui District Health Quality Awards 6 September, 2019.

### Kauangaroa Health Education

Susie Wakefield continues to coordinate the Kauangaroa Health Education sessions hosted at Te Atawhai o Te Ao. This period included presentations from Work and Income New Zealand, Whanganui Regional Health Network, and Arthritis New Zealand. These sessions were highly informative, well received, and a great opportunity for the kaumātua of Kauangaroa to discuss health opportunities, events, programmes, and services.

### Establishment of the Tikanga Rangahau Committee

At the February 2019 meeting, the Board endorsed the re-establishment of Te Atawhai Board sub-committee, Te Tikanga Rangahau.

This committee will consider requests from staff and other stakeholders on the safe and ethical research processes that underpin our projects. The Tikanga Rangahau Committee includes the Chair, Jim Allen; Director, Rāwiri Tinirau; and an external member, Te Rina Warren from Massey University.

### Whanganui Regional Museum

In 2018, Te Atawhai o Te Ao, through Rāwiri Tinirau was approached by the Whanganui Regional Museum to engage in exhibition development services. Rāwiri worked with museum staff on various taonga, within the Māori Court, to be displayed, and in particular the narratives for these taonga. The team also worked on a Te Awa Tupua exhibition that will feature in the space formerly occupied by the Lindauer paintings, in the near future.

# WHAI HUA

## PRODUCING EXCELLENT RESEARCH PRODUCTS

Research priorities based on the needs of our community continue to progress throughout the various research projects. Dissemination of findings from He Kokonga Whare Research Programme has continued, with the launch of two publications, *He Ara Uru Ora: Traditional Māori understandings of trauma and well-being* and *He Rau Murimuri Aroha: Wāhine Māori insights into historical trauma and healing* and completion of draft chapters for edited books.

Staff members have also contributed to the presentation to the Mental Health Inquiry, and have presented ideas on research workshops, hacks for community researchers, and offered input in

the development of the survey questions for the Whakatika Research Project.

Monthly lunchtime research seminars (Tā Te Rangatira Kai)

were also facilitated and live-streamed, and waiata composed for Te Matapihi and performed at Te Matatini 2019.



The Te Atawhai o Te Ao team at morning debrief

# Publications

## He Kokonga Whare Book Launch

Two new publications have been launched by Te Atawhai o Te Ao at Rānana Marae, Whanganui. The first publication, *He Ara Uru Ora: Traditional Māori understandings of trauma and well-being*, was written by master carver and teacher of traditional Māori navigation, Dr Tākirirangi Smith. *He Ara Uru Ora* draws on historic and current Māori narratives and understandings of trauma and struggle and acknowledges that, for Māori, these ideas are sacred and honoured. The second publication, *He Rau Murimuri Aroha: Wāhine Māori insights*



Contributor Tarapuhi Vaeau along with three generations of her whānau at Rānana Marae

*into historical trauma and healing*, includes contributions from several wāhine Māori active in research and community initiatives, including Dr Rebecca

Wirihana, Dr Cheryl Smith, Dr Kirsten Gabel, Dr Mera Penehira, Dr Hayley Cavino, Dr Lily George, and Tarapuhi Vaeau.

# Dissemination

## Te Mata Punenga o Te Kotahi Research Symposium

The symposium was held on 24-25 October, 2018, at Te Wharewaka on the Wellington waterfront. The interactive 2-day symposium featured

research work undertaken by or in collaboration with Te Kotahi Research Institute in the areas:

- Te Reo Māori and tikanga, ako: education,
- Kaupapa-ā-iwi,
- Historical trauma, and
- Hauora.

Amongst the presenters were our own Dr Cheryl Smith and Helena Rattray-Te Mana who shared learnings from the He Kokonga Whare Research Programme.

## Mental Health Inquiry

On 10 August, 2018, Helena presented to the Mental Health Inquiry following an invitation from Te Rau Ora, the National Centre for Māori Health, Māori Workforce Development and Excellence. Helena also attended the Mental Health Inquiry at the Whanganui Racecourse, held 21 June, 2018.

Information and findings from the He Kokonga Whare research programme were used as part of our submission.



Ngāreta Patea, Cheryl Smith, Meri Haami and Helena Rattray-Te Mana

# TE HIKU

## GOVERNANCE & MANAGEMENT OF TE ATAWHAI O TE AO

### Our Staff

We began this period with an acknowledgement to Cherryl Smith who, in July 2018, transitioned from Co-Director to Senior Research Fellow role. and now works three days per week. Te Atawhai o Te Ao is extremely fortunate to retain Cherryl's skills, knowledge, and expertise. The staff celebrated Cherryl's contribution through shared kai. We would also like to acknowledge Rāwiri Tinirau, who has taken on the position as sole Director.



Jim Allen and Cherryl Smith

In the beginning of 2019, we welcomed two fixed-term and remote staff to the team. Dr Annemarie Gillies will be supporting the institute with



Annemarie Gillies

funding applications as a proposal writer and Rachael Tinirau as a research assistant for both the Whakamanu and Whakarauora projects.

Ahakoia kei tawhiti, nau mai, haere mai ki a kōrua.



# Our Board



Board members; Lupton For, Joe Huwylar, Rii Templeton and Jim Allen (Chairperson)

This period saw the departure of two Board members, Cheryl Smith and Rii Templeton, as well as the appointment of Professor Linda Smith. Linda comes from a research background, bringing an invaluable wealth of knowledge, experience, and skills. Although we are sad to see our previous board members depart, we know they are never too far away and

are excited to have Linda on board.

## Board Strategic Planning Day

In November 2018, the Board held a strategic planning day which was in full attendance by the board, as well as Cheryl, Rāwiri, and Miriama. Strategic planning days ensure we are

adhering to the principles of good governance, acknowledge where we have come from, consider where we are now, and identify where we want to be and how to get there.



Dr Linda Smith



The Board deliberating at the Strategic Planning hui November 2019

# Operations & Management

## Staff end-of-year function

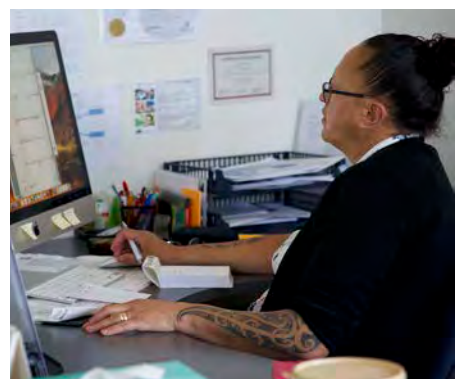
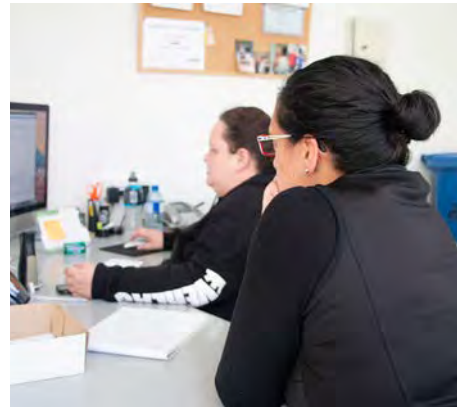
This year, to acknowledge the work of our staff, we enjoyed a creative day at Pākohe Papers hosted by Marty Vreede. We learnt about the process of making harakeke paper and later made our own. We also took a tour of their premises, learning about other services and products they make, and concluded the day with dinner at the Grand Hotel.

## Administration support

The administrative team, Miriama as Business Manager, Ngareta as Communications, and Hine as Administrator, continue to meet regularly discussing operations and logistics tasks, and ensure the office is run with efficient business practices. The first staff planning day was held January 2019 to help inform the annual plan and discuss a policy staff orientation day to support the

changes and improvements made within the organisation.

The goal for this period was to continue the designing of an effective management and administrative structure with a particular focus on policy review and a new storage database for the organisation's resources. The purpose of this is to provide a more robust support system for organisational outcomes.



# Whakawhanaungatanga

## Whānau Day 2019

Whakawhanaungatanga is an important value we uphold and actively promote within the organisation, our whānau, and community. We strive to ensure our office is a space where our staff and community feel welcome and look forward to visiting. To kick off 2019, we hosted a whānau day to acknowledge the never-ending support afforded to us by our families. We were also joined by whānau researchers from the Whakapapa Research Project and enjoyed a great day out at the Aramoho Top 10 Holiday Park.

