

# TE ATAWHAI O TE AO

Independent Māori Institute for Environment & Health



## TE PĀNUI TUAWHA | PUANGA 2010 KI 2011



He Mokopuna He Tupuna, He Kākano,  
Hua Parakore Research Project  
Updates



Tribal Canoe Journeys 2009  
Washington State.



International Network of Indigenous Health  
Knowledge and Development Conference  
Seattle 2010



## He Mihi



E ngaa Whatukura, e ngaa Mareikura  
Ka tuku atu te mihi maioha kia kautau raa.  
Mai ngaa piko o ngaa awa tapu, rere tonu te mouri  
o raatou maa ki te hunga whakapiki wairua.

Ko Taamakunui a Rangi e tu iho nei  
Ko Papatiiraha e takoto nei  
Naa te whenga o ngaa Maatua  
Ka puta te Ao Maarama  
Tihei mouri ora ki taatau.



Turanga Karauria  
no Te Atihaunui a Paparangi,  
Ngati Kahungunu



Valentine Wiremu Kingi  
Nga Wairiki



Graham Ngahina Mathews  
Kaumatua no Nga Wairiki,  
Ngati Apa

Koutou maa kua whetuorangitia,  
Haere ki tua o Paerau  
Ki te Puketapu o murimotu te kuaha wairua  
Haere ki Tawhitinui, tawhitiroa, tawhiti paamamao  
Ki te whatu o te aahuru naa

Te hanga nui o te mate  
Te hupe me te roimata  
Ka hinga nei  
te rakau tapu o Tuukariri, Tuukaniwha, Tuukaitaua  
Takoto, i te takotoranga tapu  
Orioki oti atu e, Kati.  
Ka huri a tatou ki te hunga ora

Cover Page: Waka Unua carved at Evergreen  
State College, Washington by Takirangi  
Smith (Ngati Kahungunu, Ngati Apa), John  
Smith (Skokomish) and Meleno Lovato  
(Apache, Navajo). It is the first Maori canoe to  
be carved in North America.

Journeyed on the 'Tribal Canoe Journeys  
2009', Washington State.  
Photo by Nathanael Scurr. Seated in waka  
unua, Hingangaroa, Kataraina, Tioirangi  
Smith, Tuakana, Kempton Demulth &  
Takirangi Smith.



Cheryl Smith - Director no Ngati  
Apa, Whanganui, Te Aitanga a Hauiti



Paul Reynolds - Director  
no Nga Puhi, Tuwharetoa, Whanganui



Leanne Hiroti - Fertility Project  
manager no Ngati Apa, Ngati Kahungunu,  
Ngai Tahu



Jacinda Morehu - finances &  
administration no Te Ati Awa, Nga Rauru



Pania Renati - Researcher  
no Te Arawa, Ngati Awa



Gretta Carney - Hua Parakore  
Project manager  
no Te Atihaunui a Paparangi

## Tēna rā koutou

This year has been a busy year for Te Atawhai O Te Ao. There has been a great deal happening for the Institute. Because we work in environment and health one of the questions we ask all of our workers is how are they taking care of their own health. We have tried to 'walk the talk' when it comes to hauora, and in staff hui we discuss progress on health and wellbeing of each staff member.

Research will always be important because unless we look for solutions, resolutions and new ways of doing things we cannot progress. For Maori a lot of times we have to look to the past when we do research and seek among our communities for ways of making change. All of our projects involve the past as our starting point; what does our korero say about this particular issue? Having said that, new challenges present themselves and we are constantly faced with new problems. There is also much wisdom among our own whanau and communities, and by taking the time to listen, wonderful insights can emerge. It is a great privilege for us to be able to do this work, talking to our people about their lives, trying to find ways so that problems are solved or ways forward are found.

This year more than other years our work has been focused on the issues of 'trauma' that impact on our communities. Historical trauma has happened through many generations with land confiscations, dispossession and the removal of language, home and even identity. In our projects we have been dealing with the trauma faced by whanau in the face of infertility, the trauma of addictions and violence and also the trauma of imprisonment. Native Americans call historical trauma a soul wound, wounds that impact deeply.

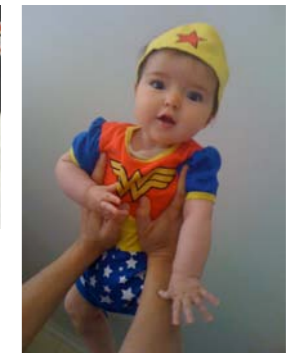
## Ngā Tamariki



Te Kohatmapuhi Plumridge



Aurora Louise



Isadora Raina

What we have found though is the strength of whanau to rebuild themselves in the face of adversity.

This is also an opportunity for us to thank the many people, whanau, and organizations that have contributed to and supported our work throughout the year. Special thanks to our Whanau and Governance Boards, as well as our International Board and the Ethics Committee – Rangapu Hapai Tika, who have continued to awahi and steer Te Atawhai o te Ao on our path. Thanks go also to everyone who has participated in the research work we have been doing throughout the year, including interviewees, community researchers, research team, transcribers, and advisory bodies. Thank you also to our funders the Health Research Council, FRST, and Nga Pae o te Maramatanga.

What have we done this year to help the environment and health of our people? Well it's all in this panui. The theme of this years panui is 'Waka & Journeys'. Waka affirm our collective strength and unite us in purpose. They enable us to make wonderful journeys and this year our waka has taken us to many places.

Last but not least we have all been enjoying being with Whanau. We want to welcome three new babies within the Te Atawhai o te Ao whanau; a new son for Leanne and Pete, Te Kohatu, a new daughter for Gretta and Dan, Isadora & Jacindas first mokopuna Aurora Louise.

Acknowledging Our Governance and Whanau Board

Te Atawhai o te Ao is a charitable trust, We are a not for profit organization. Although we do research contracts all of our putea goes to either salaries or goes back to Maori communities in the form of disseminating resources on environmental and health issues. Many people support us voluntarily because they support the kaupapa.

All the members of our Governance, Whanau Board and Ethics Committee work voluntarily. Because of this we try to ensure that we acknowledge them at the end of the year and usually this is a basket of groceries. This year all the staff contributed something home made. All of the staff visit and present the baskets and we thank them for their efforts. We figure that just before Christmas is when extra food is really appreciated. So our warmest thanks to the members of the Boards: Mihi Rurawhe, Rii Templeton, Vicki Puru, Adrian Rurawhe, Paea Smith, Sister Makareta & Toroa Pohatu. Kanui te aroha kia routou.



Packed and decorated with aroha



Whaea Mihi Rurawhe at Ratana Pa



Matua Graeme and Auntie Vicki



Whaea Makareta gives the whanau a grand tour of her thriving orchard in Kaiwhaikiri (Whanganui river)



Adrian Rurawhe (Whangaehu)

He Whakamihi i a Pania



Ka hoki au ki te pae rāwhiti, I te aranga ake o Tama Nui te Rā, i te ahi kōmau o te whenua tōna rite te āhuru o taku ngākau mō taku kainga I te rohe o Mataatua, o Te Arawa. Mai Maketū ki Tongariro, mai te Moana nui o Toi ki Maungapohatu, mai Ngā kuri a Whareki ki Tihirau. Pokainui I te mata o te whenua, I ngā kāhui maunga, whāia tonutia te awanui e rerekau ana ki Tangaroa, kia takatū mātou ko aku tamariki I te poho o Te Atawhai o te Ao. Tēna koutou, Te Atihaunui a Paparangi.

Ko Pania Renati toku ingoa. He kairangahau I Te Atawhai o te Ao, kua timata I te kaupeka o Poututerangi, I tēnei tau tonu. Matua rā āku e mahi nei, he awhina I tā Dr. Cheryl Smith rangahau e pā ana I te mana o te Kaumatua e poipoia ana, e noho tahi ana rātou ko āna mokopuna. Atu anō he kaupapa atu kua whakaoti I a au e pā ana ki te hunga mauhere.

Tēna, ko ahau nei I puta I te Whare Wananga o Awanuiārangi. Kua riro I au taku tohu paerua e kiia nei, Masters of Indigenous Studies me taku tohu paetahi, Bachelor of Arts & Visual Culture. He kaimahi au I reira e whakapakari ana, e whakangungu ana ngā pukenga tuhituhi, pānui hoki o te ākonganga, rangatahi mai, pakeke mai. Rātou e uru ana ki te ao mātaurangi Māori, ā, mā tō tātou reo rangatira me te reo paraoa e kawē nei.

Heoi, nui ake I ngā āhuetanga I te mahi, tēra anō I te kainga. Tokoono aku tamariki, tokotoru aku mokopuna. Tokorima o aku tamariki kei taku taha tonu. Ko ratou kei waenga I te 15- rima tau. Ko te matamua me ngā mokopuna kei Whakatane e pupuri ana I te mana o te ahikāroa. Nuku mai ki konei, kāore he whanaunga, he hoa rānei hei piringa mā mātou erangi tonu kua tau, kua tau.

// Karina Walters visit with Melanie Cheung- October 2009

We were really pleased to be able to host Karina Walters again at Te Atawhai o te Ao when she returned to present at a conference in N.Z.

Karina is the Director of the Indigenous Wellness Research Institute based at the University of Washington in Seattle.

Karina was also able to talk with us about a programme application we were putting together around Maori & Indigenous trauma & Healing. She also agreed to collaborate on the project as a lead investigator.

Melanie Cheung accompanied Karina on the trip to Whanganui to visit Te Atawhai o te Ao. Melanie has completed her PhD at the University of Auckland where she has been doing important research on Huntingtons disease and the brain.



Melanie & Karina visit Auntie Paea Smith

// Māori Womens Welfare League stall

In September 2009 Te Atawhai O Te Ao had a stall with Te Waka Kai Ora at the annual national Maori Womens Welfare League Conference at the Whanganui racecourse. We prepared pamphlets, posters and a 2m banner to help promote our projects.

Leanne and Jacinda were available to talk about the Fertility project and pass out information pamphlets about the research. This was a good opportunity to meet with strong Maori women from around the motu and to increase awareness of the kaupapa. Te Waka Kai Ora had their tee-shirts for sale and Jacinda and Leanne gave away free riwai, patipati and karakanui to those who came our way during the three day hui.



Te Atawhai o te Ao & Te Waka Kai Ora stall

Benjamin Lawrence

// Te Atawhai o te Ao Internship

In June 2009 we welcomed Benjamin Lawrence Jnr of Milwaukee for a month long internship. BJ did research around colonisation, trauma and resilience for the "He Kokonga Whare" programme. He is in his third year of a B.A, Majoring in psychology and science through Howard University in Washington D.C This was BJs first trip outside the United States and so he was keen to make the most of his time in Aotearoa soaking up the culture and experiences to be had.

During his stay Nate's mum and auntie took BJ to Hiruharama on the Whanganui River where they spent a night in the Old Convent of the Sisters of Saint Joseph, BJ was also given a tour with a brief history of the Whanganui river by Jay Rerekura, who also took our guest for a game of Kii o rahi at Springvale Park. Bjs one wish was fulfilled, receiving work on his shoulder and arm by local Kai-tamoko Sacha te Utupoto before returning home to complete his undergraduate studies.

He mihi atu ki aku ehōa BJ  
Kia whai maramatanga koe!



BJ during his trip up the Whanganui river

## Toi Paemata Raranga // Graduation

After many, many hours of listening, harvesting, preparing and weaving as part of the raranga roopu at the wananga, Leanne graduated with a Certificate in Toi Paemata Raranga (Level 4) alongside the rest of the raranga roopu. Ahakoa he iti, he pounamu although it was a small group, the hard work and dedication each of the taurua put into their mahi was rewarded with an entertaining and lovely graduation ceremony supported by whanau and friends.



Nanny Pat Durston, Marie Hiroti & Leanne with her tamariki on graduation day

## He kete ta koha // Kauangaroa Kaumatua 2010



In February, a whakawhanaungatanga hui for all whanau descending from Kauangaroa was held with many returning from far and wide to reconnect with whanau and to share stories, memories and whakapapa from Nga Wairiki and Ngati Apa. This was a time of togetherness, and to honor the many wonderful kaumatua from our iwi who are loved and adored by their many mokopuna. Many hands helped weave the numerous kete at Te Atawhai o te Ao as a koha for our kaumatua, and it was lovely to see our mokopuna gift kete, pukapuka and pounamu to their kaumatua. A special thankyou to Auntie Vickie Puru for her Tautoko and Whanau members who lended a helping hand.



Whanaungatanga & Whakapapa are shared at Kauangaroa Marae



## Te Rangapu Hapai Tika

Our Ethics committee members Toroa, Adrian and Sister Makareta are undergoing a work plan to get 'Te Rangapu Hapai Tika' accredited by the H.R.C. This will enable them to be a recognised body with the ability to review research projects.

## Hui whakapiripiri

Pania & Paul attended this years HRC Hui Whakapiripiri conference in Rotorua. Pania presented some work she was doing with Cheryl on Grandparents Raising Mokopuna. Paul, as part of the HRC Maori Health Committee was facilitating some of the conference sessions & also part of the Maori Health Committee presentations of the draft Maori Health strategic plan & participated in the launch of 'Te Ara Tika' which are guidelines for Maori research ethics.

The Conference was a great success with over 200 Maori Health researchers, Maori providers, organisations, & community groups attending.

## He kakano (safe)

Paul has been involved in a project led by Dr Leonie Pihama on Maori & sexual violence. The project was commissioned by Te Puni Kokiri to look at the issue & talk to offenders, providers, community groups & key informants. Paul interviewed a small number of offenders who attended a Kaupapa Maori sexual violence programme. He also interviewed Kaumatua about how sexual offenders were dealt with in the past.

## Te Whare Wānanga o Awanuiārangi

Both the Directors, Paul and Cheryl are adjunct staff to Te Whare Wānanga o Awanuiārangi. This enables Awanuiārangi to call on them for teaching, presenting and supervision of postgraduate students. Over this last year Cheryl and Paul have both given presentations to students and have met with staff members discussing various projects. Distinguished Professor Graham Smith is currently the CEO of the Wānanga and is from here.



## Corrections Project

// Understanding Māori prisoner expectations about reintegration

50% of the men's prison population is Maori and 60% of the women's population is Maori. Numbers of prisoners have been steadily increasing over recent years. In March 2010, we were approached by the Corrections Department to undertake a pilot project for them with Maori prisoners. The aim of the project was to explore with Māori offenders themselves their concerns, level of information and resources as they deal with the reintegrative process, and being released from prison. A small research team was pulled together for the project, which included Pania, Cheryl and Paul from Te Atawhai o te Ao, and Todd Bell from Auckland. 42 inmates were interviewed in total, which included 21 Maori men from Paremōre Prison, 12 from Kaitoke Prison, and 9 Maori female prisoners from Auckland Women's Prison.



What we found was that there are a range of issues faced by inmates, with difficulties getting an ID and a copy of their birth certificate, to finding jobs and housing. A significant factor in successful re-integration was having strong support networks, whether that was whanau or friends or others. The project was completed in July 2010 and it is hoped that we are able to continue this pilot study into a larger project looking at successful reintegration of Maori back into community.

## www.teatawhai.maori.nz

Te Atawhai o te Ao is now an online entity. This means we have a profile and information that can be accessed nationally & internationally through the world wide web. Our website features our current projects, print resources in pdf format for download, and some of the films produced at the institute. There is also a page with links to those organisations & institutes we are associated with or admire. Thanks to Isiah Barlow of [www.splashdesign.co.nz](http://www.splashdesign.co.nz) for his mahi getting us online. The website will be updated by Nate in early august 2010, check it out whanau!

HOME | RESEARCH | FILM | RESOURCES | STAFF | LINKS | CONTACTS

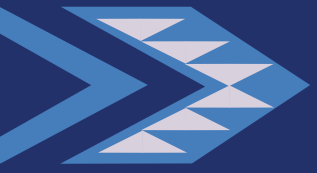


Haere i te rourou i te haere  
Ata whakaarohia tau haere  
Kia kore ai e mate kai,  
ko wai ka hua, ko wai ka tohu

He mihi tenei ki a koutou, ki o koutou maunga, ki o koutou awa hoki.

This is a site that introduces you to the work of Te Atawhai O Te Ao: Independent Maori Research Institute for Environment and Health. Te Atawhai o te Ao is a kaupapa Maori research institute based in Whanganui. We work alongside whanau and Maori communities to undertake research that will benefit Maori.

Te Atawhai o te Ao copyright © 2008  
All artwork by Thomas Pihama. Our logo was designed by Isiah Barlow.  
He mihi aroha ki a korua mo o korua mahi atahua enei.



# HE MOKOPUNA HE TUPUNA

## Grandparents Raising Mokopuna



Painting by Theresa Reihana

The name of this study says it all, mokopuna are living ancestors. It has been a busy year for the study. Numbers of grandparents, parents and mokopuna have now been interviewed. The grandparents sure love their mokopuna but some of them need lots of help and support. Numbers of grandchildren have high health needs, physically and emotionally.

Over the year its been really great to see the response of audiences to the study. The study was presented at the Kahui Wahine hui, to mainly Maori grandmothers, at Awanuiarangi to Maori staff and students and also to an Indigenous audience in Seattle. Everyone has grandparents and mokopuna stories. Some are happy and some are sad. Increasingly though we are taking over care of mokopuna for reasons such as the impact of mental health, drugs, imprisonment, early deaths and all the negative reasons. For the mokopuna who speak below they are lucky because when there has been parenting problems, the grandparents have stepped up to claim their moko. About a third of the grandparents raising mokopuna are single grandmothers and the majority are struggling financially. One thing coming out of the study though is the tensions between being involved with agencies and trying to continue traditional Maori practise of providing a safety net for the mokopuna.

The final report will be out at the end of the year but here are some quotes from what the mokopuna say about their grandparents who are or were being raised by grandparents:

*"My Nan was a stay at home mother or grandmother. And my Koro, he worked and he was driving the buses around and just finding jobs here and there."*

*"Whatever was available and going around at the time. But he was always here in the morning and then gone during the day and then back at night. So I assume he had a job, and my grandmother was always in the house, doing the garden, feeding everybody, cooking, baking... So she was always around and then teaching us things."*

*"In my eyes they've always been my Mum and my Dad."*

*"My Koro isn't very vocal. He was my best friend, my Mum, my Dad, all in the one. He knows me better than anybody. He can tell you my favourite colours and how many boyfriends I've had. All of those personal things, he knows everything. There's not one little thing that he doesn't know."*

*"Being with them is good, you don't have to worry about, like, if you're going to run out of food. We've got somewhere safe to stay. Yeah. That's about it. Though they are strict."*

*"As a whangai, and this is one of the things I'm beginning to understand, as a whangai while I was raised with her own children as a younger sibling, there's some tensions happening. One of them is around land."*

*"Mum, doesn't read or write English and when we were kids she barely spoke English."*

*"We thought it was good being raised by our grandparents, we went everywhere with our grandparents, whether it be tangihanga, land court meetings, they just took us everywhere with them. Yeah, I grew up with a good life from then."*

*"In terms of language, I didn't know English. Te Reo Maori was the language we were brought up, my eldest sister and I hardly spoke English until we went to school 'cause we had to. But at home, we were still in Maori."*

## Grandparents Conference



Whaea Josie Tui-Kara who is raising her two mokopuna

Last year the first ever Grandparents Raising Grandchildren Conference was held in Auckland at the Ellerslie Convention Centre. The Conference was run by the Grandparents Raising Grandchildren Trust and all of their regional representatives were there. The theme of the conference was A Grandparent's love, for our children, for our future. The event coincided with grandparents week. Josie Tui Kara and Cherryl attended the conference and Jacinda took care of Eriapa. Eriapa seemed to be the only moko there so he went exploring with Jacinda around Auckland.



Eriapa & Jacinda having a kai after the conference

It was a great conference with lots of resources, information and laughter for grandparents. Highlights were the presentation of Diane Levy who had lots of good information for the grandparents on raising teens and children. Hopefully there will be another conference. Both Josie and Cherryl were featured on Te Karere and Te Kaea when they were interviewed by Rau Kapa. A big turn out at the conference and Diane Vivian and her helpers did a wonderful job of getting funding and organizing the conference.

# He Kakano // Maori Views and Experiences of Fertility, Reproduction and ART



Image by Theresa Reihana

We have been doing our best over the last two years to gather Maori views and experiences connected to infertility, and as we near the completion of this project we look forward to sharing this knowledge. Many thanks to all of the whanau who shared their stories with us, and to all who worked and continue to work passionately in this kaupapa.

In our last panui, we stated that 'over the next year we hope to identify and bring forward key issues of importance to whanau relating to fertility and reproduction. We will ensure that the korero shared willingly will be disseminated more widely, so that whanau, friends, health providers and others are able to learn and support the needs of our people.' We have been busy analyzing the korero gathered and have been able to identify key issues that whanau have talked about when thinking about having children, trying to have children and what it is like when it doesn't happen.

There is a lot of knowledge to share, and we have started by presenting to various groups and preparing resources for our communities. Key resources that we intend to complete include a published book on the experiences of whanau struggling with issues of infertility, pamphlets for whanau on guardianship issues; and engaging with fertility clinics. A final report of these research findings also goes to the Health Research Council and there will be a number of presentations back to community, health providers, researchers and others who are interested in this kaupapa.

Nga mihi aroha ki nga kaitiaki o te kaupapa nei, nga whanau o Te Atawhai o te Ao me nga kairangahau hoki kia mahia te mahi nei. A huge thank you to all who supported this mahi, including the Advisory group (Dr Rhys Jones, Dr Jenny Lee, Suzanne Pitama, Vickie Puru & Dr Cheryl Smith), the research team (Dr Paul Reynolds, Dr Leonie Pihama, Carl Mika & Professor Linda Smith), the community researchers (Marara Rogers-Koroheke, Ali Newth, Pia Pohatu, Moana-o-hinerangi, Huriana McRoberts-Devine & Berend Quirke), our contracted researchers (Dr Donna Cormack, Dr Takirirangi Smith & Chris Stewart) and all those whose support enabled this mahi to come together, thank you.

## Writing Retreats

Two week-long writing retreats were held for the fertility project, providing our researchers time & space to concentrate on the stories of whanau and begin the task of analyzing the information. Held in the Whanganui region, the research team spent this time immersed in the kaupapa and identifying key themes that were in the stories. These key themes were then discussed and described in more detail, using the words of whanau to express the ideas. This initial analysis leads to writing and sharing of information.



Carl Mika & Cheryl @ writing retreat on the Whanganui river

## Advisory Group

The 3rd and final advisory group hui was held in February 2010, with our research team and advisory members coming together for a korero and farewell. This was our last opportunity to seek advice from the many skilled researchers present and we would like to thank all of our advisory members for their advice and support provided and we will look forward to seeing one another again.



Members of advisory & research team

## INIHKD Conference, U.S.A.

Leanne was able to present twice on the fertility project. The first presentation was part of a panel focussing on Maori trauma and healing where she shared just one story of mamae and loss and how this led to the grieving mother training in health and supporting whanau who had gone through the loss of their babies through miscarriage and stillbirth.

The second presentation focussed on one traditional aspect of Maori fertility, the emergence of life through the joining of male and female waters, knowledge that had been gathered by Dr Takirirangi Smith. Leanne described how some of these elements from traditional korero are still relevant today, by sharing the story of two takataapui whanau trying for a child and the kaupapa Maori processes they developed.



logo by Theresa Reihana

"The triangle depicts niho taniwha, the kaitiaki that protects what lies within. The centre koru pattern represents mauri. The supporting pattern on one side represents wairua, the other side kawa. Kawa maintains understanding and reverence of life. This maintains the wairua or spiritual essence which then protects life force or mauri. Connecting us to papatuanuku through Hineahu-one, these together maintain our physical health now and in the future."



Orlando with Auntie Hanui Lawrence's kamokamo



logo by Theresa Reihana

## Tino rangatiratanga o ngā Hua Māori!

The Hua Parakore kaupapa goes from strength to strength with the end of the research project now in sight. The closer we get to completion the more the emphasis goes into ensuring that the research delivers outcomes that can be picked up and used by Te Waka Kai Ora to support whanau, hapu, iwi to grow healthy kai. There is a constituency out there awaiting the research outcomes and the research team is having to work hard to meet these expectations. 8 case studies were incorporated into the project last year, which has really stepped up the projects capacity to deliver on the ground outcomes.

A first draft of Hua Parakore was completed in July and will be taken on a 'hikoi ki te motu' in September. Te Waka Kai Ora Executive members will present the draft to hui in 10 regions and at the Houses of Parliament in Wellington. We will run pilots of the verification process on our case study farms during the hikoi as well, leaving them with the Hua Parakore tohu on the farm gate! Ensuring that the Hua Parakore is relevant to the regions is essential and feedback from this hikoi will be used to prepare our final draft and report.

"The word 'organic' is a strange word - prior to that it was tradition, it was tikanga." Tikanga remains the cornerstone of the Hua Parakore kaupapa and getting this right remains an ongoing challenge. We have learnt that we are safest when we have our kaumatua and kuia with us. Ensuring we facilitate a space for the participation of our kaumatua and kuia within the Hua Parakore verification process is a priority for the coming year.

Puritia Ngā Tikanga a o tātou matua tūpuna.



# International Network of Indigenous Health,

Knowing Your Roots: Indigenous Medicines, Health Knowledges and Best Practises

# Knowledge and Development Conference



**H**e mihi nui ki a Karina Walters me tona roopu kaiwhakahaere IWRI, he mihi hoki ki te tangata whenua o Seattle, Poulsbo, te iwi Suquamish, kaore e warewaretia te manaakitanga, te whanaungatanga ki a matou no Te Atawhai, tena routou katoa.

In May a group of five from Te Atawhai o Te Ao and five others from Whanganui attended the INIHKD conference in Seattle. Indigenous health researchers, scholars, policymakers, and health practitioners came together to talk about community led health research, culturally-based health services delivery, indigenous health workforce development, and indigenous health policy advancement.

INIHKD conferences began in 2003 in Queensland and four conferences have been held bringing together First Nations and Indigenous peoples from Canada, U.S, Australia and Aotearoa. This was an excellent conference for profiling the work and approaches in health that are being led by Indigenous peoples. As this conference proved, much can be learned from sharing approaches, experiences and results among ourselves as Indigenous Peoples.

All of our attendees presented at the conference, some did two presentations. They included Leanne Hiroti presenting on the Fertility Project, Paul Reynolds who presented on Maori men's health and on Healing after Toxin Exposure, Paea Smith presenting on Living to an Advanced Age Study, Adrian Rurawhe who presented on Healing from a Personal Perspective, Cherryl Smith presented on Maori Vietnam Veterans and Healing and the Grandparents Study. Other Whanganui-ites Jenny Thompson & Amohia Broughton did a presentation on Whanau Health Services and Justin Gush did a presentation on Rangatahi Tane and Sexual Health. Overall about 50 Maori attended.

It was an amazing conference with a great opening ceremony that saw all the keynote speakers come in by waka. There were sweat lodges and one evening of cultural performances so we had a good impromptu kapa haka team of 50. An amazing conference, invaluable korero, amazing hosts and we will be trying to get to the next conference in Australia in two years time.



INIHKD logo



Leonie, Paea, Polly, Elaine & Cherryl



At the opening ceremony



First nations boy with drum



Arrival of keynote speakers on Waka



Adrian visiting stalls at conference



Elaine Miles with Te Ringa, Paul & Justin



Indigenous kids mini conference



Hotel sign at Clearwater Resort



Cherryl + Auntie Paea @ opening ceremony



Ngaire Whata, Paea Smith & Linda Smith



Emma Noyes dad with Paul



Breakfast @ the Clearwater Resort



Male model with Nova



Justin presenting @ conference



Cherryl presenting at the conference



Waka arriving @ the opening ceremony



Mick & Ted playing didgeridoo



Justin, Adrian, Te Ringa, Paul



Cherryl, Leanne, Te Kohatu

# Tribal Canoe Journeys

Washington State U.S.A



Day one, 32 degrees

Maori Canoe whanau with host John Smith

Hingangaroa prepares a roha for our hosts

Te Kai reka!



The support boat

Sklallum Reservation

Quinault Rangatahi

Laaf & Takirirangi prepare the mast



Weaving cedar hats

Sklallum canoe totem

Takirirangi & taura Kempton

Maori Sail



Nate and Red Wolf

Kataraina Smith

Sunsmart Pepe @ Sklallum Reservation

Port Gamble, carving weight off the waka

Tribal Canoe Journeys is an annual event for the Salish Canoe Families of Washington State, U.S.A. In the words of Native Canoe Project Co-ordinator for the 1989 'Paddle to Seattle' Emmitt Oliver (Quinault), "The Canoe represents native life at its fullest. It was used for fishing in the quiet waters of rivers and also for sea going expeditions in the quest of otter, seals & whales. The native canoe was an economic necessity like a railroad or highway. And it also provided recreation which persists to present day in the sport of racing. For a maritime people it was an opportunity to display their prowess."

In July 2009 a group of six Maori accompanied Master Carver Dr Takirirangi Smith to Washington State participating in the 10 year anniversary 'Tribal Canoe Journeys 2009'. Work began at sunrise and would continue non stop for a further 4 days preparing the first Maori Waka to be built in North America. Work first began on the Waka Unua (small double hull vessel) by Skokomish Canoe builder John Smith & Takirirangi Smith (no relation) during a residency at Evergreen State University in Washington. Maori Artists June Grant and Sandy Adsell also made their Artistic contribution to the Waka & sail during their subsequent residencies at Evergreen.

Paddling began before dawn on the sixth day with 23 miles to the next reservation, the group paddled the Waka a total of 90 miles across the Puget sound over 10 days with stops at reservations along the way to rest and re-cooperate. The Tribal Canoe journeys is not a race. It is the opportunity to experience life as it was for the ancestors of the Salish Natives, to strengthen the bonds between neighbouring native iwi through Whanaungatanga and tikanga. To sing the songs of their ancestors with drum, to visit sacred sites that were once the areas occupied by their old people.

To paddle amongst 100 native canoes in a Waka was a unique experience. The roopu were initiated in the Tribal Canoe Journeys Ring & Pledge ceremony by Elder and canoe carver Phil Red Eagle. The kai was amazing, clam bakes (clam hangi), fresh salmon, crab, oyster and even Elk meat prepared in a variety of ways. During the journey the Maori roopu were immersed in Reservation life and Native canoe culture, drum song, blessings and ritual. A Special thankyou to John & wife Jackie Smith, Delbert Miller, Tina Kuckrah our humble hosts. He mihi!

## i'lu?ahL (place of song)

// an interview with Delbert 'Sm3tcoom' Miller

The Interview was done during a Ceremony to reclaim the lands of their Skokomish ancestors. This is a story not uncommon for Indigenous people around the world. The use (and often confiscation) of Ancestral lands and natural resources by Governments and large power companies, logging companies and agricultural companies to produce power and profit. you can view the video @ <http://vimeo.com/10270915> or check our website [www.teatawhai.maori.nz](http://www.teatawhai.maori.nz)

A special thank you to Delbert and the people of Skokomish. He mihi aroha kia routou katoa Kia raha, kia manawanui Tihei Mauri Ora!





## Tirahoe Waka

Ma te tauihu o tou waka; E u te waiora  
Kia mahue atu; nga mea whakahirahira i roto i te koriporipo

May the prow of your canoe cleave the waters of life  
And leave in its wake mighty deeds

Every year, the uri of Whanganui take to the river in our tribal journey, Te Tira Hoe Waka. As our whanau paddle the awa, from the mountain to the sea, we celebrate our Whanganuiatanga, our whanaungatanga, our whakapapa.

Our wananga is driven by a passion for learning. We pass by our traditional kainga, we stay at pa sites from generations before, and we listen to the stories that inspire pride in ourselves, for our tupuna, for our history.

It is a time in which we truly believe ko au te awa, ko te awa ko au I am the river and the river is me. It is about Waiora our sense of complete and utter satisfaction with life itself.



## Launch of the Waka // Nuku Tai Ao

On the 16th July 2010 a new waka hourua (voyaging vessel) named 'Nuku Tai Ao' was launched at Chaffers Marina, Wellington. The building and carving of the waka was led by Takirirangi Smith, a master carver. The waka hourua was blessed by Hec Busby, the country's leading waka and navigation expert.

Nuku Tai Ao is a new fibreglass covered macrocarpa waka and is a testament to the skills of its lead carver, Takirirangi Smith, who is also responsible for the whakairo on Victoria University's Te Herenga Waka marae. Takirirangi has worked in close collaboration with Hekenuku (Hec) Busby and has named his youngest son after the Tohunga Whakairo. The building of the waka began 5 years ago.

A group of 12 kuia traveled from Whanganui and Paul, Jacinda and Cheryl also attended the powhiri at Pipitea Marae and the official launch and blessing beside Te Papa. It was a beautiful event with a large crowd present on the wharf.

Takirirangi Smith and Hec Busby have undertaken a number of projects together in the last ten years including the carving of the waka 'Te Hono ki Aotearoa' which is a waka taua that will be taken to the Netherlands and stored there for use by Maori when they are in Europe.

Later in July four carvers, Dr Takirirangi Smith (Master Carver from Ngati Kahungunu who lives in Whitby, Porirua), Sam Hauwaho (from Tuhoë, who lives in Waiwhetu, Lower Hutt), Brett Rollo (Ngapuhi, Scottish descent who lives in Wellington) and Hinangaroa Smith (Ngati Kahungunu who lives in Whakatane) will travel to the Netherlands to carve posts and barge boards for a waka shelter over a 4 week period. The waka shelter will house Te Hono ki Aotearoa in the Netherlands.



Whanganui Kuia @ Waka launch



Te Waka Nuku Tai Ao



Hekenuku mai Busby & Takirirangi Smith

## Toxins Update

Te Atawhai o te Ao has received a publication support grant through Nga Pae o te Maramatanga. This will be important for publishing the 5 volumes of the Toxins Reports. This will enable us to get copies to Maori community groups. The complete report has been prepared in 5 volumes, the titles of these volumes are,

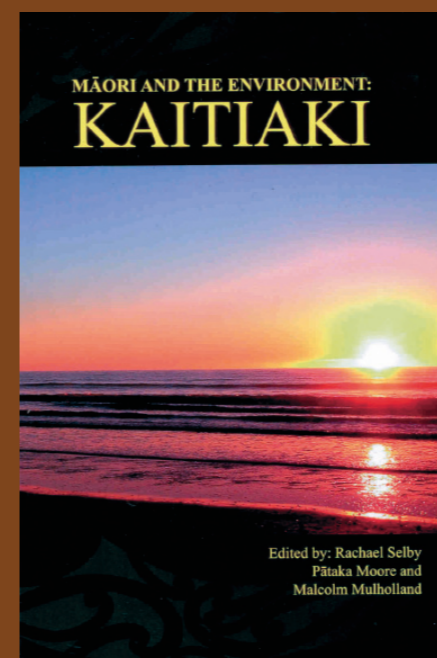
Karawhiua Atu (Maori & involuntary chemical exposure)  
Ka Rongo te Pakanga nei (Maori Vietnam Veterans)  
Mai te Kahui Maunga (the Whanganui River + toxins)  
He Ringa Raupa (Maori sawmill workers)  
Kohikohia te Ora (Maori Healers)

These reports will be printed for dissemination later in 2010.

### Mai Te Kahui Maunga

THE WHANGANUI RIVER.  
Perspectives on Involuntary Chemical  
Exposures and Environmental Pollution

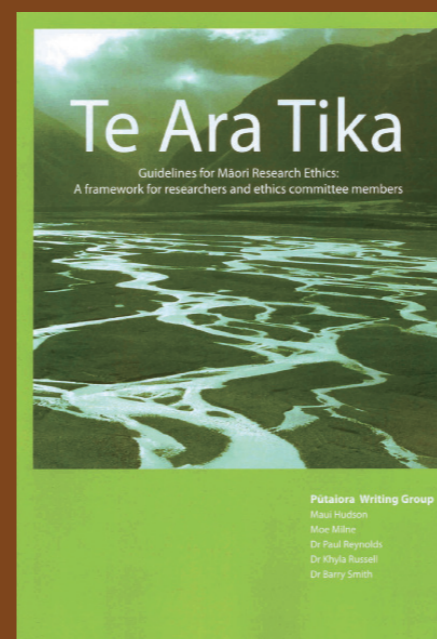
Te Atawhai o te Ao  
Independent Māori Institute for Environment & Health



## Kaitiakitanga

No one can read this book without feeling incensed that we have allowed the New Zealand environment to deteriorate to the extent that is revealed here. It is not too late to undo the damage. We must all adopt the kaupapa of Kaitiakitanga to preserve what we have and to restore the lakes, land, rivers & streams wetlands and foreshore of Aotearoa.

Cherryl was a contributor to this publication.



## A resource guide for Maori research ethics

This document outlines a frame work for addressing Maori ethical issues within the context of decision-making by ethics committee members. It draws on a foundation of Tikanga Maori and is useful to researchers, ethics committee members and those who engage in consultation or advice about Maori ethical issues on all levels, local, regional, national and internationally. It was compiled and written by the Putaiaora writing group. A special thank you to Dr Stephanie Palmer for her contributions

The Putaiaora writing group are Mr Maui Hudson, Ms Moe Milne, Dr Paul Reynolds, Dr Khylla Russell & Dr Barry Smith



Painting by Theresa Reihana



### He Mihi Whakamutunga

He mihi maioha tenei ki a taatou ngaa whanau kei roto i ngaa whakahua o te paanui nei. Ka huri ki a taatou ngaa kaiwhakaahua me ngaa kaituhituhi, he mihi atu ki a koutou.

E te whanau whaanui e hitea ana i tenei paanui. Mouri ora ki a taatou katoa  
No reira, Teena koutou teena koutou Teena koutou katoa.





He mihi a Teresa Reihana mo ou mahi  
toi ataahua



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