

TE PĀNUI TUAWARU

P U A N G A 2 0 1 4 - 2 0 1 5



Te Atahua o te Ao

An Independent Māori Institute for Environment & Health



Haere ki mua, haere ki muri

Be responsible for your actions

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He Maimai Aroha

Te Paea Rongomaiaia Smith (Aunty Poppy)

*Taku mate, taku mate!
Ki te rōpū tangata ka ngaro
E ai tō mate, ka ripitia iho
Hūtia ko te puna o te waka! Hāpainga ko te hoe!
Tupua-horo-nuku! Tupua-horo-rangi!
E ai o mate! Kei waho kei te moana whakangaro atu ai
Ue hā! Ue hā!*

In November of 2014, we were deeply saddened by the loss of our kuia Te Paea Smith. Beloved Mum to Te Atawhai o Te Ao Director, Cherryl Smith, and a much respected kuia to former and current staff, extended family and friends of Te Atawhai o Te Ao.

Aunty Poppy was a strong supporter of Kaupapa Māori research, education, iwi and hapū initiatives, and her support to groups like the Whanganui Kaumātua Kaunihera and Māori Women's Welfare League did not go unnoticed.

We acknowledge the significant contribution she has made to our organisation, especially during the establishment years and her influence over many of our most successful Māori academics, researchers and politicians.

Nō reira e kui, whai haere i ngā tapuwae o rātau mā. E kore e mimiti te puna aroha.

*Huria te pō! Nau mai te āo!
Tīhei Mauriora!*



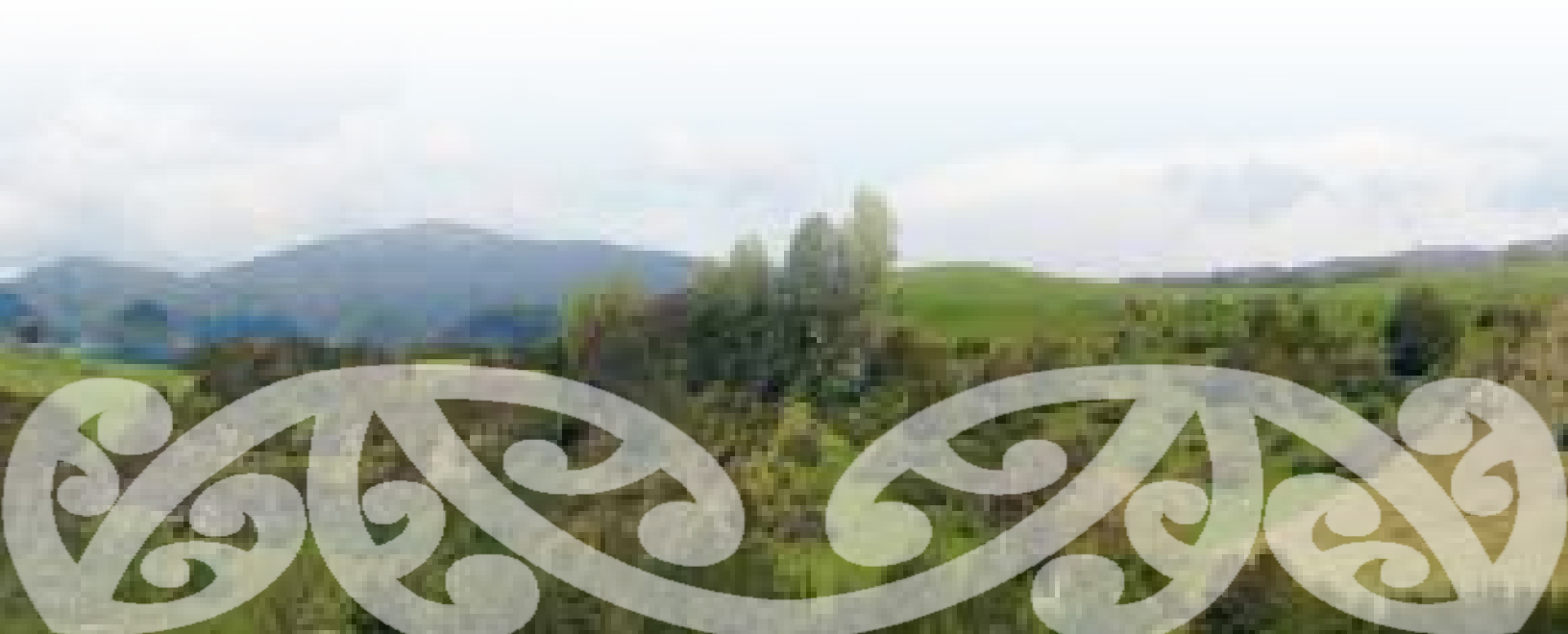
Introducing our whānau

Board Members play a vital role in our organisation providing governance guidance, policy review, strategic direction and cultural support.

James Allen (Chair)
Rii Templeton
Lupton For
Joe Huwyler

He mihi nūnui tēnei ki te
Poari o Te Atawhai o Te Ao.
Nā kautau to mātau waka
e ārahi, i roto i ngā piki me
ngā heke. Nō reira, he mihi
tino nui ki a kautau mo te
tautoko, te āwhina me te
aroha.

We would like to mihi
to our Board who have
provided tremendous
support and leadership
to our organisation over
the past year. We thank
departing Board Member
Gilbert Taurua for his
contribution and extend
a warm welcome to our
newest Board member Joe
Huwyler who will add his
extensive experience to
our Board.



Dr Cherryl Smith - Director

Ngā Wairiki-Ngāti Apa, Te Aitanga a Hauiti



Qualifications /
Background: PhD in
Māori Education.

Other commitments:
Board member of
Whanganui Women's
Refuge, Te Taiao Komiti,
Te Rūnanga o Ngāti
Apa, Adjunct Faculty
Te Whare Wānanga
o Awanuiārangi,
Supervision of PhD
students, enrolled into Te
Pūtaketanga o te reo at
Te Wānanga o Aotearoa.
Ka rawe!

Interests / Hobbies:
Mokopuna activities,
whānau whakapapa,
being with good friends,
I like all things creative,
art, weaving, gardening.

*Favourite authors,
quotes, books:* Cooking
For Kids is my favourite
book. Favourite quote:
When life gives you
lemons, make lemonade,

plant a lemon tree, spice
up meals, learn to juggle
and sell them. Favourite
author is currently Gabor
Mate.

*Highlights for the year
(Jun/Jul 2014 – Jun/Jul
2015):* Top highlight was
that I got to thank my
mum properly for being
such a great mother.
Second highlight was
going to the Māori
Women's Welfare League
Conference with my
mum and the kaumātua
and having them behind
me when I spoke at the
Conference on Māori
grandparents.

*Best things about
working for Te Atawhai
o Te Ao:* Definitely the
people, the best group
of no hassles, get on
with the mahi, proactive
problem-solvers and all
round good supportive
people you could find.

Dr Rebecca Wirihana - Researcher

Ngā Rauru Kītahi, Ngāti Maniapoto, Te Rarawa, Te Aupōuri, Ngāpuhi
nui tonu, Irish, American



Qualifications / *Background:* PhD; Clinical Psychologist (PG Dip in Clinical Psychology); MNZCCP (Member of the New Zealand College of Clinical Psychologists)

Other commitments: Member of the Whanganui Women's Refuge Board of Trustees; Member of Te Kāhui o Rauru Paepae as a Takirau Marae Delegate.

Highlights for the year (Jun/Jul 2014 – Jun/Jul 2015): There have been so many exciting things happening for our service this year, but for me being able to meet and work with Eduardo Duran and Tākirirangi Smith simultaneously was a massive highlight.

Interests / Hobbies: Swimming, reading, mindfulness, travelling, watching movies, spending time with whānau and taking photos.

Best things about working for Te Atawhai o Te Ao: We have a really cohesive and supportive team here and I think it has a lovely effect on our working environment. We have had some exciting times and some really difficult times over the past year, but because we have a good team we have been able to work well together and that makes a huge difference.

Favourite authors, quotes, books: Books: David Hair; Nora Roberts; Sara Donati; Diana Gaboldon; J.R Ward; Cassandra Clare; Witi Ihimaera and many, many more. Books: It's so hard to pick as there are so many. Quotes: Ehara taku toa i te toa takitahi,

Helena Rattray - Researcher/ ICT

Ngā Rauru Kīahi, Ngāi Tahu



Qualifications / Health Knowledge and Development Conference 2014 in Winnipeg, Canada. The year 2015 signalled the completion of primary data gathering for the prison project. This was made possible because of our wonderful team of community researchers, Jay Rerekura, Gavin Whiu and Wendy Dallas-Katoa, who interviewed our Tangata Ora (Māori who have been to prison). Also, special mention to Nayda Te Rangi who supported our kaupapa from Marton, and helped engage people we sought for this project.

Background: Bachelor of Information and Communications Technology (2009) at the Universal College of Learning, Palmerston North, currently studying part-time at Te Whare Wānanga o Awanuiārangi for a Master's in Indigenous Studies.

Other commitments: Prisoner Aid & Rehabilitation Society, Whanganui

Interests/Hobbies: Fitness boxing, swimming and the sauna.

Favourite authors, quotes, books: "Acknowledge the past, feel the present and embrace the future", "I have learnt that there is so much more to learn", New Zealand's prison systems are a "moral and fiscal failure" (Bill English, 2011)

Highlights for the year (Jun/Jul 2014 – Jun/Jul 2015): Presenting at the International Network of Indigenous

Best things about working for Te Atawhai o Te Ao: We have a clear purpose to undertake research that benefits Māori communities, and our dedicated team all strive to meet this purpose with any research project we work on. This is a result of great leadership from our Director with the support from our Board of Trustees.

Miriama Cribb - Business Manager

Whanganui



Qualifications

Background: Bachelor of Commerce and Administration in Management, Bachelor of Arts (Hons) in Education. Victoria University of Wellington. Also spent a trimester at Lancaster University in the UK studying Management.

Other commitments:

Currently the Chairperson of Pākaitore Trust and the Treasurer of Kaiwhaiki Netball Club.

Interests / Hobbies:

Swimming, netball, whānau and travelling!

Favourite authors,

quotes, books: My all time favourite authors would have to be Oscar Kawagley and Ray Barnhardt, both indigenous educationalists, amongst all our own local historians/writers/leaders. Not being very much of a talker, I've felt I've always lived by Ghandi's whakatauki 'be

the change you want to see in the world'.

Highlights for the year

(Jun/Jul 2014 – Jun/Jul 2015): Without a doubt, quite a whirlwind past year. Highlights would have to be the move into town (often miss the beach). The expansion Te Atawhai o Te Ao is currently undergoing, in all aspects. Being made the Business Manager after only being the Administrator for two years. I have learnt so much and believe the experience has been priceless!

Best things about

working for Te Atawhai o Te Ao: It's a Kaupapa Māori organisation. It's independent, yet can establish relationships with various groups of people. Because we are small, we can work closer together, provide support and get things done with minimal hassle.

Dae-zha Rerekura - Administrator

Te Ātihaunui-a-Pāpārangi



Qualifications

Background: I'm a school leaver with my level 3 NCEA certificate. Left there feeling proud of what I had accomplished for the 2 years I was there. I had made a big move from a girls only school - Sacred Heart College in Lower Hutt. I've found that it was the best move I had made. Starting fresh but also still continued to achieve everything I wanted to at Wanganui City College with the help of amazing teachers. I've still got a lot to learn and I'm willing to learn everything I need to know.

Other commitments/

Interests / Hobbies: Te Ora Hou Whanganui Youth Leader, spending

time with whānau, dancing, playing sports and kapa haka.

Highlights for the year

(Jun/Jul 2014 – Jun/Jul 2015): My highlight for this year 2015 was to find a job that I was happy with. Ever since working here, I feel more like an independent person and ready to live life as a young adult.

Best things about

working for Te Atawhai o Te Ao: Best thing about working here at Te Atawhai O Te Ao is getting to know and working alongside some awesome people. Also getting to learn different things everyday.

Joseanna Goodhall - Kairangahau

Ngā Rauru Kīahi, Ngā Wairiki-Ngāti Apa, Te Ātihaunui-a-Pāpārangi



Qualifications: Tohu Mātauranga: Registered Nurse, Post graduate Diploma in Health Science. trained social worker, and lives in Whanganui with our oldest mokopuna, Liam.

Background: I was raised in Kai Iwi of Ngāti Pūkeko, Ngāti Iti descent and then shifted to Whanganui.

Education: I attended Wanganui Girls' College and then entered the Wanganui School of Nursing graduating as a Registered Community Nurse. I later qualified as a Registered Nurse at Northland Polytechnic Whangārei with a Post Graduate Diploma in Health Science at the University of Auckland, completing my formal study in 2001.

Family: I am married to Peter, and we have two adult daughters: Anna - a trained primary school teacher, is married to Troy. They have four tamariki and live in Ballarat, Victoria, Australia. Catherine is a

Work History: My career has centred mainly around nursing in Whanganui, Rotorua, Northland and Auckland. I have worked in Maternity, Medical, and Mental Health, with Community work the most enjoyable.

Leisure Activities: I maintain close connection with my Iwi affiliates and whānau through hui, cultural activities and my involvement in trust lands. I enjoy socialising with extended whānau. Most enjoyable is witnessing the development and growth of our mokopuna. I also enjoy my spiritual gatherings. Walking and the connection with nature is both relaxing and satisfying to me.

Chrissie Zurcher - Kairangahau Matua

Te Arawa, Ngāti Whakaue, Ngāti Pikiao



Qualifications / Background: Postgraduate Diploma in Education - Massey University (Two papers to complete Masters in Education-Māori endorsement), Bachelor of Education (Adult Education) - Massey University, Diploma in Māori & Information Management - Te Wānanga o Raukawa.

Background: Born and educated in Hastings, moved to Whanganui and raised a family of four - three daughters and one son, here with Paddy Haira. Two live in Australia and we are very proud of all their achievements, especially the nine beautiful mokopuna. 30+ years in adult education initially working part-time while my tamariki were pēpi with rangatahi considered 'unteachable' by a system that had failed them. Never set out to become an educator but soon found I enjoyed the challenge of seeing people who found learning difficult, grow and learn. Spent 20+ years at Whanganui Polytechnic and thanks to the mentoring received, was encouraged to continue tertiary studies.

Gained a Certificate in Adult Teaching in 1994, continuing on to diplomas, degrees and now almost a Masters. Enjoyed working with a broad range of adult learners that included youth, women, Kaitoke Prison inmates and adults with special needs. Set up a learning support service and developed librarian skills at Wanganui Regional Community College. Worked at Training for You as a literacy tutor at the Whānau Learning Centre based at Tawhero School then as a workplace trainer delivering programmes at Kōhanga Reo in the region and factories such as Axiom. More recently 2012-2015, worked at Te Wānanga o Aotearoa in Palmerston North delivering a unique degree in Adult Education - He Korowai Akonga. Māori pedagogies of teaching and learning were the main focus of the curriculum and proved successful with learners in alternative education settings and youth detention centres.


Interests / Hobbies: Rongoā, mirimiri and colour therapy, natural forms of healing, music, yoga and gardening.

Highlights for the year (Jun/Jul 2014 – Jun/Jul 2015): Seeing the first tauira graduate with He Korowai Akonga degree in April 2015. Deciding it was time to move back to working in Whanganui.

Best things about working for Te Atawhai o Te Ao: Māori organisation and kaupapa intelligence of my colleagues. Not having to start work daily at 7am – no commute.

He Kokonga Whare

The programme of research that we have begun on Māori Intergenerational Trauma and Healing has had significant impacts across the country and on a number of fronts. To give you one example if you had Googled historical trauma and Māori a few years ago, you would have had very few hits at all. Now there are 100+ references on Google with 90% of them being connected to our programme, referencing media, presentations/ publications. We have at least 30 students, staff of universities and our own staff researching and presenting information on this specific theme.



Māori Intergenerational Trauma
and Healing has had significant
impacts across the country and
on a number of fronts

At the beginning of 2015, a research team hui was held in Christchurch at the University of Canterbury – Ngāi Tahu Research Unit. This was a preliminary findings hui with feedback coming in from the four different projects;

1. Whenua Project
2. Wellness Project
3. Prison Project
4. Sexual Violence Project

As part of the He Kokonga Whare Programme, we hosted Dr Eduardo Duran and Dr Tessa Evans Campbell in February. During that time we held a one-day workshop with Dr Eduardo Duran and Dr Tākirangi Smith. We also attended Te Matatini and were hosted by the University of Waikato who were the major sponsors.

The prison project is continuing to gather data. We have developed a clear dissemination plan for this area and have identified the key pieces of writing that need to be completed and who will be doing these pieces.

Well-being project - interviews are ongoing in this area. Rebecca is gathering literature and interviews both online and in person.

The outcomes from the programme are spreading far and wide and a number of visitors are coming through to talk about or interview our researchers on the programme's research and findings. Its reach into both the health and the education sectors has been particularly exciting. Whilst a lot of the information is going out verbally our main challenge is the dissemination of findings, getting what we know down onto paper or onto film.

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He Kokonga Whare:

Prison Project

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The health and well-being for Māori prisoners on reintegration to the community project (aka prison project), has met some exciting milestones, and the project will be completed by the end of 2015. We have gathered all of our primary data from key informants and Tangata Ora, and are currently thematically analysing it, in preparation for our final report to the Health Research Council. We also plan on developing useful resources for those affected by incarceration, and are scoping journals to submit particular articles to. This year will be one of writing, with three national conference presentations scattered throughout the year to share our mahi with others working in similar fields.



He Kokonga Whare Summer Studentship



In the summer of 2014, Te Atawhai o Te Ao hosted two He Kokonga Whare Summer Studentships. They were Hannah Johnson and Tyson Hullena, both Māori law students at Victoria University.

They spent the summer doing some analysis and report writing for the prison project.

He Kokonga Whare:

Well-being Project



The well-being project is well under way and we are primarily focussed on completing our interviews for this project. Twenty key stakeholder interviews are being completed at present as well. These will include interviews with each research team also. The interviews are almost completed and the preliminary analysis process has begun. The analysis and final report writing process will be ongoing for the rest of the year. We have given a number of conference presentations over the past 12 months providing an overview of He Kokonga Whare Programme and presenting preliminary findings including panel presentations to the Ngā Pae o te Māramatanga International Indigenous Research Conference, the Health Research Council Hui Whakapiripiri Conference and He Manawa Whenua with a combination of staff, scholarship

and writing fellowship recipients. We provided a poster presentation to the International Society of Trauma and Stress Studies in Miami and have continued to develop relationships with the indigenous and non-indigenous researchers in the field of intergenerational trauma research as a result. We have also given a number of community-based presentations

in Whanganui and Auckland and have been asked to provide more educational resources and training opportunities to service and training providers as a result of these presentations. We were also able to publish an article in the MAI Journal and are in the process of identifying long term goals for publication from the He Kokonga Whare Programme. We were able to complete a highly successful writing fellowship round for the well-being project and have four high quality reports from a variety of research and health practitioners specialising in Māori health and well-being. To summarise, it has been a highly productive year for the well-being project and we look forward to spending the next few months completing our interviews and developing our research findings as we believe they have the potential to positively influence Māori well-being across multiple levels for whānau.



He Kokonga Whare:

Advisors



Earlier this year Te Atawhai o Te Ao hosted Dr Eduardo Duran, Dr Tessa Evans-Campbell and her daughter Colette Campbell in Aotearoa for two weeks. Eduardo is one of our international advisors to the programme and Tessa, an Associate Director at the Indigenous Wellness Research Institute in Washington came as a

replacement for Professor Karina Walters. During their time here, they contributed and advised at meetings, spoke at workshops, assisted in the analysis of the data and writing and also attended the Pākaitore 20th celebrations here in Whanganui, as well as Te Matatini National Kapahaka Festival in Christchurch.



He Kokonga Whare:

2014 Writers' Fellowship Recipients

In 2014 four fellowships were awarded to recipients worth \$5,000 each. The successful recipients are Dr Mera Penehira (Ngāti Raukawa ki Ōtaki, Rangitāne me Ngāi Te Rangi), Lisa Cherrington (Ngāpuhi), Dr Kirsten Gabel (Ngāti Kahu, Te Paatu me Ngāti Tara) and Dr Acushla (Dee) O'Carroll (Ngāruahine Rangi, Ngāti Ruanui, Te Āti Awa). All contributing specific writings to each of the He Kokonga Whare projects.



He Kura: Asthma Support for Māori Tamariki at School



... aim to improve asthma knowledge by identifying the specific needs of Māori children ...

The 'He Kura Asthma Project' is led by Dr Tristram Ingham and Bernadette Jones of Otago University and Tū Kotahi Asthma Trust and it began late last year. Te Atawhai o Te Ao have employed part-time researcher and community health worker Joseanna Goodhall, and Chrissie Zurcher who leads the project from Whanganui with the assistance of Director, Dr Cherryl Smith.

This three-year project has an aim to improve asthma knowledge by identifying the specific needs of Māori children

with asthma in the primary school environment. An asthma toolkit will be developed and assessed for reducing asthma-related absences and improving quality of life amongst asthmatic children.

Sub-themes we have found include:

- Contrasts between Kura Kaupapa Māori and mainstream schools
- Kaupapa is fundamentally different at Kura Kaupapa Māori
- Better access to health services, medication and correct information
- Communication across all sectors need to be improved
- Lack of information and training

Te Atawhai o Te Ao also received news that we have been successful in being awarded another project that will continue working with the same team, Dr Tristram Ingham and Bernadette Jones at the University of Otago as part of the Asthma research. The project is called 'Whakapai e te Ara Hā: A health literacy project', which will start in 2016.

Relocation

As our organisation continues to grow, our whare in Mātai Street was too small and we needed to move to a bigger office. Our newly renovated two-storey building has enabled us to accommodate the many visiting groups to our organisation and we continuously try to keep our office visitor-friendly. On the 27th of June 2014, we had our official opening, which was attended by family and friends, work colleagues, service providers and whānau from Te Whare Wānanga o Awanuiārangi. He mihi nui to Tūpoho Investments, our landlords who arranged this little gem for us.



Conferences

Conference attendance and presentations play an important role in research. Alongside networking, collaboration and relationship building, conferences allow us to disseminate key findings on our research programmes. They also build professional development amongst our staff. Here are highlights of four key conferences that were attended and supported by Te Atawhai o Te Ao in the past year.

Hui Whakapiripiri

July 2014



Te Atawhai o Te Ao staff attended the Health Research Council's biennial Hui Whakapiripiri and the theme was 'Research aspiration, inspiration, innovation'. The panel presentation was facilitated by Dr Paul Reynolds and consisted

of Dr Rebecca Wirihana, Helena Rattray, Dr Lily George, Andre McLachlan and Caroll Aupouri-McLean. The presentation was on the topic of 'encouraging healing by validating historical trauma'.

International Network in Indigenous Health Knowledge & Development (INHKD)

October 2014

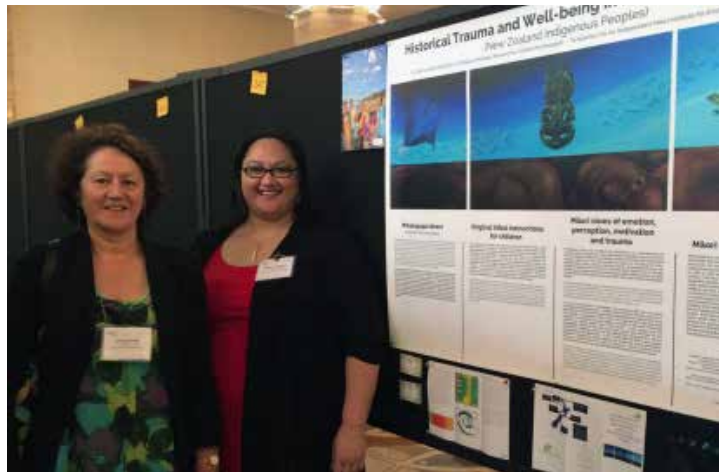


In October of 2014, Helena Rattray and Jay Rerekura attended the International Network in Indigenous Health Knowledge and Development and Manitoba Network Environment for Aboriginal Health Research Conference in Winnipeg, Canada.

International Society for Traumatic Stress Studies (ISTSS)

November 2014

Dr Cherryl Smith and Dr Rebecca Wirihana have recently returned from the International Society for Traumatic Stress Studies Annual Meeting held in Miami, Florida. Here they are pictured with their poster presentation.



He Manawa Whenua

July 2015



The He Manawa Whenua Conference hosted by Te Kotahi Research Institute in Hamilton was held in July. The conference was well attended by staff, scholars and advisors of the He Kokonga Whare Research Programme.

Alongside staff of Te Atawhai o Te Ao, presentations were also made by Lily George, Rihi Te Nana, Rawiri Waretini-Karena and Tākirirangi Smith, with particular links to the kaupapa of historical trauma and well-being. Te Atawhai o Te Ao were also a sponsor of this conference and overall, the conference had a large contingent of indigenous people, with presentations and keynotes delivered over three days.

Capability in Independent Research Organisations Fund

The Health Research Council of New Zealand announced funding for four of New Zealand's independent research organisations, through a new initiative that aims to ensure that research, science and technology of national significance is not lost.

In June of 2015, Te Atawhai o Te

Ao received news that we will receive \$3.8 million with a review after the fourth year as part of a new Capability in Independent Research Organisations Fund. Our existing programme funded by the Health Research Council, He Kokonga Whare will roll into this new IROF programme.

We are extremely grateful and excited at the opportunities that will result from this award. We have built in our nine key objectives of the contract into five strategic goals over the next seven years. They are:

- *Whai Pāinga*: To grow Māori leadership
- *Whai Take*: To generate innovative iwi, hapū and whānau knowledge in health, well-being and environmental research
- *Whai Ao*: To build collaborations with indigenous/international researchers
- *Whai Hua*: To make a difference in the evidence base to support whānau

outcomes by producing excellent research products

- *Te Hiku*: Ensure Te Atawhai o Te Ao is governed and managed well

As a result, this has seen some changes to the way Te Atawhai o Te Ao operate. This includes moving to the city and being more easily accessible to the people. We continue to build the systems within the organisation including moving our accounting software to Xero. We have held numerous strategic planning days with the assistance of Chris Stewart from Injury Prevention. And we continue to look at better ways of reporting and getting our research out to the community.



Relationship Building



Whanganui Women's Refuge

Both Rebecca and Cherryl are on the Board of the Refuge, and the shed next door is being used as storage for Refuge donations.



Kaumātua Kaunihera

The Kaunihera hold their hui once a month at Te Atawhai o Te Ao and they allow us to bring in speakers or to talk to any issue that we wish when they meet. That has been a great avenue for dissemination and letting the Kaunihera know of some of the work that we are doing.



Māori Women's Welfare League

The Whanganui branch of the Māori Women's Welfare League have begun to have their meetings here once a month and these follow the Kaumātua Kaunihera hui. We also hosted the Aotea Māori Women's Welfare League AGM and hosted the National President Prue Kapua. The League is aware of the work that Te Atawhai o Te Ao are doing.

Injury Prevention Aotearoa

We have a Memorandum of Understanding (MOU) with this organisation as much of their work fits well with the issues of prevention that we want to address. The purpose of the MOU is to support greater communication between the two organisations, provide opportunities to promote the work of one another and to share best practice information in our areas of expertise. Chris Stewart of Injury Prevention is also assisting us with our strategic planning.



Te Manu Atatū Business Network

Staff members Helena Rattray and Miriama Cribb joined Te Manu Atatū, the Whanganui Māori Business Network. It was revived earlier this year with a new working party. It has been great to meet and network with many Māori who own and manage businesses.



Iwi Involvement

No Māori organisation can escape the reality - that is our iwi commitment. Within our staff we have connections to rūnanga, committees and working parties of Whanganui, Ngā Rauru and Ngā Wairiki-Ngāti Apa, and are continuously asked to support projects from other iwi and Māori organisations. Whilst not our paid job, we believe it is very much part of the mahi we do.









Printer: H&A Print, Whanganui

Editors: Staff of Te Atawhai o Te Ao

Web: www.teatawhai.maori.nz