

# PĀNUI TUANGĀHURU

2016 / 2017



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# MIHIMIHI

Tiwhatiwha te pō  
Tiwhatiwha te ao  
Poua ki te pō, ki te ao mārama e tū nei  
Tākiri mai te ata i te matapihi o te rāwhiti  
Pō, pō, ka ao, ka ao, ka awatea!

Otirā, haere atu ngā mate nunui i waipuketia i te tau kua hipa. Rātau ki a rātau, tātau ki a tātau ngā waihotanga, tī hei mauriora!

Nau mai, pānuitia tēnei Pānui Tuangāhuru o Te Atawhai o Te Ao. Ka tika me mihi ki ngā kaitautoko, ngā kaimahi tawhito, ngā mema poari, otirā te whānau whānui o Te Atawhai o Te Ao i kaha tautoko i ngā mahi o te tau kua pahure.

Welcome to our 10th annual magazine. As we reflect over the different projects, research activities and mahi that Te Atawhai o Te Ao has been involved in, we are reminded of the many staff, board members, colleagues and whānau who have supported us over the years. Our greatest appreciation to you all for your contribution you have made to our institute. We would also like to thank our funders, namely the Health Research Council of New Zealand. E kore e mutu ngā mihi ki a kautau katoa.

We are reminded of our strategic goals. They are Whai Pāinga, Whai Take, Whai Ao, Whai Hua and Te Hiku. You will notice that we have formatted this year's magazine based on our five strategic goals and the activities related to these.

Nā mātau o Te Atawhai o Te Ao





# WHAI PĀINGA

## GROWING KAUPAPA MĀORI LEADERSHIP ACROSS THE RESEARCH SECTOR

Staff of Te Atawhai o Te Ao continue to grow their leadership skills and capability through numerous channels and at different levels, with whānau, hapū, iwi and community-based groups. We continue to identify ways that we can specifically support, enhance and grow leadership across the institute. Our staff are all leaders in their particular ways, and the following are highlights from some of our staff members for the past year.



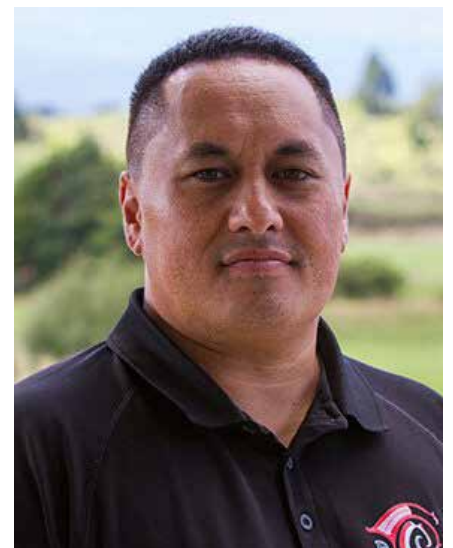
### Building Capability of Staff

- Helena Rattray - Master of Indigenous Studies: Te Whare Wānanga o Awanuiārangi. Graduated May 2017. Governance Roles: Prisoners' Aid Rehabilitation Society – Whanganui.
- Susie Wakefield - Diploma in Nursing Science: Victoria University of Wellington. Attendance at the National Māori Nurses Hui. Governance Roles: Trustee – Kauangaroa Marae.
- Rawiri Tinirau - Te Atawhai o Te Ao representative for Te Tira Takimano. Ngā Manu Kōrero and Paerangatahi Judge. Governance Roles: Te Rūnanga o Tamaupoko, Rānana Marae & Te Wainui-a-Rua School. Deputy Chair – Ngā Tangata Tiaki o Whanganui. Training: Institute of Directors – Audit & Risk Training.
- Miriama Cribb – Training: Institute of Directors – Audit & Risk Training. Business Central – Health

and Safety at Work Act workshops.

Governance Roles: Trustee – Ngā Tangata Tiaki o Whanganui. Former Chairperson – Pakaitore Whenua Toopu Trust.

- Tania Kara – Te Wānanga o Aotearoa - Te Pokaitahi Reo (Rumaki) Te Kaupae 3 & 4, Te Pūtaketanga o te Reo Te Kunenga o te Reo - Level 4, Te Rōnakitanga o te Reo - Te Kaupae 5.



## Service by a staff member: Dr Cherryl Smith

Cherryl has dedicated time throughout this period to support others in various projects. Whilst continuing to provide directorship and lead operations across the team, her commitment to provide advisory support and supervision has extended beyond the workplace. The following are areas of interest that Cherryl has provided over the 12 month period.

- Advisor: Hayley Cavino. Doctor of Philosophy (PhD): Cultural Foundations of Education. Syracuse University.
- Advisor: Brainwave Trust: Development of educational programmes.
- Advisor: Maripi Tuatini Rangatahi Iwi Scholarship Programme.
- Supervision: Geoff Hipango. Te Wānanga o Aotearoa. Masters in Applied Indigenous Knowledge.
- Supervision: Doris Kaua. Te Whare Wānanga o Awanuiārangi. Doctor of Philosophy (PhD): Indigenous Studies.
- Supervision: Pauline Hiroti. Doctor of Philosophy (PhD) candidate at the University of Auckland.

Te Atawhai o Te Ao has supported a number of graduates completing study. These include Doris Kaua

(pictured below) who graduated in May 2017 with her PhD at Te Whare Wānanga o Awanuiārangi. Both Geoff Hipango and Nayda Te Rangi graduated with their Masters degrees at Te Wānanga o Aotearoa, all of whom we are proud to see through to completion of their respective study.

The topic of Doris' thesis is 'Repositioning Māori Forms of Control within Pākehā Spaces – Lessons from Te Māori' and is about Māori control in Pākehā spaces. She used the story of the Te Māori Exhibition to discuss mainstream environments where critical decisions are often made for, about, and without Māori people. Doris focused on the public and private stories of the Te Māori Exhibition, and the transformative potential she found buried within those stories.



A conceptual framework based on Kaupapa Māori ideology was developed and used to reflect and provide a Māori-centric analysis based on the whakapapa that linked the data, knowledge and information collected for this study. The use of a whakapapa, as an episteme, is a core tenet of a Māori worldview, and this study confirms whakapapa as a valid and powerful methodological tool for explaining such a view.

There were two important findings that came from the data. First, Te Māori had three distinct stages, and it was through these stages that control shifted from Pakeha to Māori control.

- Stage One saw the collation of artefacts from out of the dusty museum basements and into the light.
- Stage Two was about the exhibition itself, particularly as it was seen in the United States of America.
- Stage Three saw a shift in appreciation and acceptance of Māori artefacts which went away from here as primitive pieces and returned home to Aotearoa New Zealand as objects of art.

Second, was the subtle change in control where Māori knowledge traditions and practices were being merged with western museum and art gallery traditional etiquette to a point where Māori control became firmly embedded and eventually became the dominant force of control in the management of each exhibition.

For a moment in time, Te Māori was a symbol of Aotearoa New Zealand identity. Māori art provided a platform where the 'Māori voice' didn't have to struggle and instead could be heard and seen with much volume, control and dignity. This study shows that Te Māori was a success on Māori terms and on international terms. However, Pakeha only thought it was successful because of the international acclaim it attracted.

## Director's Sabbatical

After 13 years leading the organisation, Cherryl applied for sabbatical leave to rejuvenate and complete a study of interest with another culture. Sabbatical leave is granted for the purposes of study, research or other pursuit of value to the scholarly agenda of the institution. These are for professional learning, reflection and rejuvenation. During the period November 2016 - January 2017, Cherryl took leave and ventured to Indonesia to complete a study on the people, language and culture. On her return to Aotearoa, she shared a presentation at the February Ta Te Rangatira Kai seminar about her experiences while in Bali.





# Scholarships

The Te Atawhai o Te Ao 2016 Community Researcher Scholarship was awarded to Nayda Te Rangi to contribute to study expenses whilst completing her Masters degree at Te Wānanga o Aotearoa. Nayda made a huge contribution to the He Kokonga Whare Prison Project, supported and presented at various hui and conferences including the International Indigenous Research Conference in Auckland.

## Recap on He Kokonga Whare Scholarship Recipients

In 2013, Te Atawhai o Te Ao awarded six He Kokonga Whare Scholarships, to support students in their academic study. The scholarships were awarded to those studying in similar areas to that of the projects within the He Kokonga Whare research programme. The following are students who recently graduated from their respective universities.

### Caroll Aupouri-McLean

passed her Doctor of Philosophy: Indigenous Studies at Te Whare Wānanga o Awanuiārangi (2017).



Caroll pictured with Rawiri Waretini-Karena at their graduation in Whakatane.

### Tania Gilchrist

passed her Doctorate of Clinical Psychology from the University of Auckland. Tania was also mentored by Te Atawhai o Te Ao.

*"To the team and fellow scholarship recipients at Te Atawhai o Te Ao who supported me during the various stages of this thesis, ngā mihi ki a koutou katoa. To Cherryl Smith and Paul Reynolds your encouragement at the early stages of this thesis inspired me to pursue this topic. While it has changed direction a few times, the scaffolding that your scholarship provided, and the commitment that you have to real Indigenous issues more specifically historical and intergenerational trauma helped me to develop and articulate the relationship of these issues with disconnection, and my mahi as a future clinical psychologist. Ngā mihi nui ki a koutou."*

### Hayley Cavino

completed her PhD - Doctor of Philosophy at the University of Syracuse, Upstate New York.



*"This work would not have been possible without Cherryl Smith, Paul Reynolds and Te Rōpū o Te Atawhai o Te Ao — to have fallen under your mantel is an ongoing gift — thank you so much. Special thanks to Keri Lawson-Te Aho for providing assistance in connecting with Ngāti Pikiao whanaunga – thank you Whaea. Thank you also Moana Jackson for your offer of tautoko as I contemplated and strategised around the very real risks of doing this kind of work. I acknowledge and am grateful for the following funding which supported this work: Syracuse University School of Education Creative Research Grant, Te Atawhai o Te Ao He Kokonga Whare Post-Graduate Scholarship (funded via the New Zealand Health Research Council)."*

# Tā Te Rangatira Kai

## Building researcher capacity and leadership

Te Atawhai o Te Ao held its first lunchtime seminar series on Monday 15th May 2017. These series provide an opportunity for Masters and Doctoral students to be able to present on their research findings. Our first speaker, Nayda Te Rangi, presented her research on "The Liberated Voice of Wahine Within a Gang Collective". The following month, we had Geoff Hipango presenting on his research on Te Awa Tupua. The lunchtime series take place on the third Monday of each month following the Kaunihera Kaumātua o Whanganui hui, and are great for students to present back to whānau and anyone interested in the community.



# WHAI AO

## BUILDING COLLABORATIONS WITH INDIGENOUS & INTERNATIONAL RESEARCHERS

### International Indigenous Research Conference, Auckland (2016)



Helena Rattray and Nayda Te Rangi presented their paper, "Care following release of Māori from prison" at the International Indigenous Research Conference, hosted by Ngā Pae o te Māramatanga. The conference themes for the year were, Whai Rawa, Te Tai Ao, Mauri Ora, Mahi Auaha, Te Reo me Ngā Tikanga Māori.

### Networking

Our networks play an integral role in not only maintaining relationships, but also to provide research opportunities in support of community and Māori in general.

In March 2017, Helena and Cherryl attended an Aboriginal anti suicide hui hosted by Ngā Tai o te Awa to meet with Julie Turner and Leilani Darwin who are working in the area of developing Aboriginal youth programmes and the policy area. We got a good oversight of the way that Aboriginal tribes are responding to trauma particularly youth and suicide prevention.

Cherryl met with Cree visitor Denise Lambert who works in Public Health on First Nations and HIV in Alberta, Canada. Denise visited Whanganui in May 2017.

### Ursula Rojas-Nazar Chile

Te Atawhai o Te Ao hosted Ursula, an indigenous person from Chile, and the institute was able to connect her with iwi representatives working on the wastewater discharge issue. She also asked whether Te Atawhai o Te Ao might consider hosting her as a post-doctoral fellow next year, should she be successful with research funding. Her interest and background is in marine biology and conservation.





## He Manawa Whenua Indigenous Research Conference, Hamilton (2017)

A biennial conference hosted by Te Kotahi Research Institute and the University of Waikato, sponsored by 12 organisations including Te Atawhai o Te Ao. The ethos of this event is to provide a collaborative space to share research, ideas, transformative practices, and solutions from an indigenous worldview, which fosters indigenous well-being. This event is always well run, with exciting and uplifting kōrero prevalent throughout the four-day conference.

Both Dr Cheryl Smith and Helena Rattray presented alongside one of our advisors and international lead expert on historical trauma and healing, Dr Karina Walters, while Rāwiri Tinirau provided support, alongside interacting with diverse indigenous people

within academia, thinkers, doers, scholars and activists. Cheryl presented “Mana Motuhake: Apa Rising”. Helena presented, “Mana Motuhake and our people in prison”, based on research of the health and well-being of Māori after prison.

Some highlights were listening to powerfully moving keynote speakers, from Pua Case (Hawaiian), Annette Skyes, Hoturoa Kerr, Moana Jackson (Aotearoa), Syliva McAdams (Saysewahum, Canada), which covered many topics from the ‘Idle no more’ movement, Mauna Kea movement in Hawai‘i, Criminal Justice, Haunui waka international voyages and so much more. The common threads amongst the conference

aligned with the conference theme of Mana Motuhake (indigenous sovereignty), it was wonderful listening, and actively participating in this conference. It was an opportunity to pause and marvel at the international and national indigenous spirit and activity related to indigenous self-determination through activism, protest, defense, and all-round development/activity to reclaim indigenous histories, present and futures from invader/colonising myths.

At the conclusion of the conference, Professor Leonie Pihama ceremonially passed the mauri of the conference to Hawaiian representatives, and it will be hosted there in 2019.



Pictured from L - R: Helena Rattray and Dr Cheryl Smith with Dr Karina Walters.

# Hosting Scholars

## Māhina International Indigenous Health Research Training Programme

The Māhina International Indigenous Health Research Training Programme provides an international 10-12 week health research training opportunity in New Zealand. The programme was developed through a partnership between the Indigenous Wellness Research Institute (IWRI) at the University of Washington, the University of Hawai'i and the University of Auckland. Through our networks and partnerships, Te Atawhai o Te Ao was fortunate to host visiting indigenous students from Hawai'i and Seattle. As our manuhiri, the students heard about the establishment and research foci of Te Atawhai o Te Ao from Dr Cherryl Smith and Helena Rattray, enjoyed kai from George's Fish n Chips, visited Te Kōtuku Hauora and the Temepara at Rātana Pā, spent time on Te Awa Tupua thanks to the Whanganui Outrigger Canoe Club, and were educated and entertained by Awhina Twomey of the Whanganui Regional Museum on Puanga, Matariki and other constellations. The visiting students were majoring in Public Health, Nursing, Social Work, Biology,

Life Science, Biochemistry and Communication. It was important for Te Atawhai o Te Ao to expose the students to a variety of organisations and kaupapa within the rohe. Feedback from the students and Associate Professor Tracey McIntosh of Ngā Pae o te Māramatanga has been positive, and we thank those organisations who supported us as hosts.

A special mention to Ashlea Gillon and Tuiloma Lina Samu who accompanied the students on their visit to Whanganui.

1. Students pictured with members of the Whanganui Outrigger Canoe Club.
2. Students departing Whanganui.
3. Students visiting Rātana Pā.
4. Students and staff of Te Atawhai o Te Ao being hosted by Te Kōtuku Hauora in Marton.

Images on the following page are of the students on the Awa supported by experienced kaiārahi Tahi Nepia and Howard Hyland, as well as their visit to BA Productions / Hahana / Blackout Media.









# WHAI TAKE

TO GENERATE INNOVATIVE IWI, HAPŪ AND WHĀNAU KNOWLEDGE IN HEALTH, WELL-BEING AND ENVIRONMENTAL RESEARCH

## He Kokonga Ngākau Research Projects

Te Atawhai o Te Ao is one of four research organisations awarded long-term funding by the Health Research Council of New Zealand under the Council's Independent Research Organisations (IRO) funding initiative. As part of this, Te Atawhai o Te Ao is shifting focus from intergenerational and historical trauma, to well-being. Four new research projects are currently being developed, incorporated under the theme He Kokonga Ngākau. These projects will continue to draw on Māori ways of healing, recovery and well-being.

Under our current contract with the Health Research Council of New Zealand, Te Atawhai o Te Ao has started to plan the following new projects for the upcoming years.





### WHAKATIKA RESEARCH PROJECT Manager: Helena Rattray

The objective of this project is to generate new quantitative and longitudinal knowledge in intergenerational trauma. This project builds on the research undertaken as part of the He Kokonga Whare research programme. Te Atawhai o Te Ao will be collaborating with the Human Rights Commission and be led by an advisory board to conduct a national survey on Māori experiences of discrimination.



### WHAKAPAPA RESEARCH PROJECT Manager: Helena Rattray

This project will involve engaging eight whānau researchers to trace their whakapapa and look at key identities within their whakapapa and events that shaped these tūpuna and their descendants. As per our research contract, the objective of this project is to undertake mixed method sampling including case studies of whānau impacted by complex and historical trauma to identify whānau led pathways of recovery.



### WHAKAMANU RESEARCH PROJECT Manager: Meri Haami

This project intends to organise the oral recordings and other materials of whānau associated with two marae communities in the greater Whanganui area – Rānana Marae and Kauangaroa Marae. A database system or platform allows for the storage, organisation, retrieval and viewing of data. The aim of this project, therefore, is to develop an interactive digital platform for the data belonging to whānau, which includes oral recordings, photographs, manuscripts, maps, video recordings, historical information and other relevant material that can be accessed by kuia, koroheke, mātua, rangatakapū, rangatahi, tamariki, mokopuna and uri whakaheke of these two marae communities. This will support and help to facilitate the intergenerational transmission of whānau and hapū knowledge and culture, now and into the future.



### WHAKARAUORA RESEARCH PROJECT Manager: Meri Haami

Finally the Whakarauora project will look at creating innovative research methods through the revival of activities associated with harvesting of a traditional food source, tuna. This includes an examination of traditional fishing methods, preparation and storage, sustainability, climate change etc., and working alongside kura in the development of curricula.

# Community Engagement



## Kauangaroa Health Education

Together with Te Kōtuku Hauora, Te Atawhai o Te Ao host the Kauangaroa health education sessions. These are held once per month and provide kaumātua of Kauangaroa Marae opportunities to discuss and have access to various health providers.



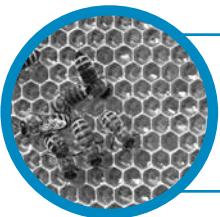
## Kaunihera Kaumātua & Māori Women's Welfare League

Te Kaunihera Kaumātua o Whanganui hold their hui at Te Atawhai o Te Ao once a month. This provides us with an opportunity to share and present information on current and upcoming research projects. We also host the regional branch hui for the Māori Women's Welfare League Whakaaro Nui Ki Te Ora.



## Waitara Peace Hīkoi

A Peace Hīkoi led by Taranaki Māori women took place in Waitara on the 21st September 2016. The Hīkoi was a signal to the New Plymouth District Council and the Crown that they do not support the Waitara Endowment Lands Bill. After the Hīkoi arrived at Ōwae Marae, Dr Leonie Pihama and Dr Cheryl Smith led a community conversation on the effects of historical trauma.



## Ngā Rauru Beekeeping

Te Atawhai o Te Ao hosted and supported a hui of Ngā Rauru uri interested in bee keeping and mānuka honey, who are currently looking to pilot a culturally relevant apiculture course, in partnership with FarmSkills and Lincoln University. It is highly likely that a research component to this initiative will be developed.



## Kapa Haka

Through our Co-Director Rāwiri Tinirau, Te Atawhai o Te Ao has supported and hosted many groups at our office. These include Te Rōpu Kapahaka o Te Matapihi with preparations for competitions and composition of items. We have also provided support to hosting regional Te Kāhui Maunga kapa haka competitions, as well as Te Wainui-a-Rua Cultural Club.



# Other Projects

## NGĀ TĀNGATA TIAKI

### [Te Awa Tupua Scoping Study](#)

We have completed contract negotiations with Te Mana o Te Awa on the Te Awa Tupua Scoping Study. We will be formulating a project plan with Te Mana o Te Awa prior to commencing this research. Rihi Te Nana has been engaged to complete a literature review on contemporary perspectives of the health and well-being of Te Awa Tupua.

## UNIVERSITY OF OTAGO

### [Whakapai e Te Ara Hā: A health literacy approach to tamariki asthma](#)

Tania, Susie and Rāwiri attended leadership training in Wellington over four days for our Te Ara Hā Asthma Self-Management Project, and we are now able to facilitate Whakamana Whānau programme, once research participants have been recruited and selected from those who have had tamariki Māori hospitalised for asthma. We are hoping to run our first programme before we break for Christmas, or early in the new year.

### [He Kura: Asthma support for Māori tamariki at school](#)

The aim of this project is to assess whether a comprehensive, school-based asthma intervention, using a culturally appropriate asthma toolkit, leads to improved asthma outcomes amongst asthmatic children aged 5-13 years. There are two phases. Phase one of the study highlighted the lack of national asthma standards for schools. The study revealed and identified the supports that led to the development of a comprehensive, school based 'Asthma Management Programme'. The aim of phase two is to assess the effectiveness of the school based asthma intervention and to determine if this leads to improved asthma outcomes amongst asthmatic children aged 5-13 years.

During this period, the focus was largely on phase two. This included recruiting the schools, deploying the intervention programme, identify and recruit participants, data collection and process evaluation. Health and Disability Ethics approval was granted late November 2016 and the invitation letters were distributed to the eligible schools in Wellington and Whanganui. Numerous engagement hui were held with schools to participate and invitations were accepted

by Whanganui East School, Tawhero School, Carlton School and Te Kura o Kokohuia. Staff at Te Atawhai o Te Ao also assisted the Wellington working group by including St. Mary's School in Whanganui as part of the study. By the beginning of March 2017, the consents for the participating schools had been completed.

The objectives for phase two included identifying and documenting all children with asthma, updating their medical information, monitoring attendance and academic performance, and promote effective communication between schools and whānau/families. Within the participating schools, a review of their enrolment forms took place. This was to assess whether and what medical records were recorded, in particular asthma records. Data was also retrieved from the schools, such as absentee and academia records and different schools utilised different programmes and processes. Initiatives were used to encourage families to update their records. Discussions also took place with the schools around administration, such as what happens in the event of an emergency, what are the processes around administering medication, and do the schools have a medication management system in place. The second stage of phase two was staff training and student education.



# WHAI HUA

PRODUCING EXCELLENT RESEARCH PRODUCTS

## He Kokonga Whare Roadshow

He Kokonga Whare roadshow, the final dissemination requirement for the He Kokonga Whare research programme, was held in October 2016 at Hamilton, Christchurch, Whanganui and Auckland. In Whanganui the presentations were recorded and live-streamed, and recordings have been placed on the Te Atawhai o Te Ao website.

The research programme focused on Māori historical trauma and healing to generate new knowledge on the inter-generational impacts of colonialism among Māori people. Māori experience high rates of trauma, which can be passed from one generation to another and is correlated with a range of health and social problems from heart disease to imprisonment. The programme investigated ways that people recover from trauma.

The presenters came from a multi-disciplinary collaboration between Te Atawhai o Te Ao, Te Rūnanga o Ngāi Tahu, Māori Indigenous Analysis Ltd (MAIA), the University of Waikato and the Indigenous Wellness Research Institute (University of Washington).

The Presentations were made on the following topics:

- Understanding healing and historical trauma through a mātauranga Māori lens
- The direct and indirect psychosocial trauma of land alienation on Ngāi Tahu
- Successful reintegration of Māori prisoners into communities through addressing the trauma of dislocation from hapū / self-knowledge
- Healing practices and Kaupapa Māori solutions for those impacted by sexual violence





Participants included Member of Parliament Louisa Wall, policy advisors, health professionals and provider groups, politicians, sports professionals, practitioners, clinicians, educationalists, other researchers, like-minded iwi, Māori and mainstream organisations, whānau, hapū and iwi including kaumātua from within each of the tribal locations. The following presentations took place in:

**H**amilton – Waikato Tainui College of Research and Development, Hopuhopu. 3 October 2016. Presenters: Dr. Cherryl Smith, Associate Professor Leonie Pihama & Rihi Te Nana, Dr. John Reid, Dr. Takirangi Smith, and Helena Rattray.

**C**hristchurch – John Britten Conference Foyer, University of Canterbury. 4 October 2016. Presenters: Dr. Cherryl Smith, Associate Professor Leonie Pihama, Dr. John Reid, Dr. Takirangi Smith, and Helena Rattray.

**W**hanganui – Rangahaua Marae. 5 October 2016. Presenters: Dr. Cherryl Smith, Associate Professor Leonie Pihama & Rihi Te Nana, Dr. John Reid, Dr. Takirangi Smith, and Helena Rattray.

**A**uckland – Unitec Mt Albert Campus. 6 October 2016. Presenters: Rihi Te Nana, Dr. John Reid, Dr. Takirangi Smith, and Helena Rattray.



Presenters pictured here at the Whanganui seminar held at Rangahaua Marae.



## Roadshow highlights

- Participants answered A little to yes, in knowing more about historical and intergeneration trauma after our roadshow(s)
- Participants found the presentations engaging, with a high demand of follow up presentations, links to further information and requests for copies of the presentations
- Participants found that the information presented at the roadshow would be very useful in their field of work/ area of expertise
- We received lots of feedback in regards to how the information presented in the roadshow would be used in their field of work/area of expertise. They included: to inform practice; for professional development of staff; sharing information to colleagues; whānau and families; for better understanding; to identify and better support risk factors; to provide a different framework/lens; to learn about traditional concepts; and for better connection and engagement.

## What was the most valuable thing about the seminar?

- Each speaker had a very important kaupapa that they shared with us and each was valuable in itself. I particularly enjoyed and found most stimulating the presentation by Dr Takirangi Smith. I also think hearing all of the speakers speak to their particular area of expertise as it relates to intergenerational cultural trauma was extremely valuable.
- Having access to our own leading intellects.
- Hearing the presentations that encompassed traditional stories of fundamental structures of Maori society to the present day devastation and the recovery process. I can see why the presentations were organised in the order they were
- To increase the awareness of the historical and intergenerational trauma that affected and still affecting

Maori's life in the society which also affects the society in general because this is an issue the whole society is responsible to look into and to help heal the trauma. Bless the researchers for their hard work. I really respect you and support your work!

- Reminding ourselves again the impact of colonisation and steering away from our Te Ao Maori values - coming together again and listening to relevant kōrero to consolidate how magnificent we as a people are
- Hearing research that supports the work I and many others have been advocating for a long time. The fact that it was free was a HUGE bonus due to me being pohara and doing unseen and undervalued mahi for free and my paid job having zero budget for PD.

The team at Te Atawhai o Te Ao are grateful to the many organisations who supported and also those who co-hosted our seminars:

- Te Rūnanga o Ngāi Tahu
- Māori and Indigenous Analysis Ltd (MAIA)
- Unitec Institute of Technology
- Health Research Council of New Zealand (HRC)
- Te Kotahi Research Institute



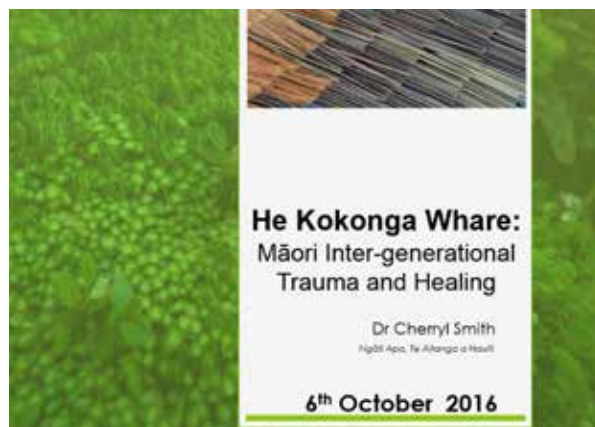
# Final reports for He Kokonga Whare

The final reports for He Kokonga Whare were also submitted to our funders, the Health Research Council of New Zealand. Publication and dissemination of these reports will be advised in due course.

- Whenua Project. The Colonising Environment: An Aetiology of the Trauma of Settler Colonisation and Land Alienation on Ngāi Tahu Māori. Authors: Dr John Reid and Dr Matthew Rout.
- Sexual Violence Project. Whakarauora Tangata. Authors: Dr Leonie Pihama, Rihi Te Nana, Ngaropi Cameron, Mereana Pitman, Veronica Tawhai, Te Rina Warren.
- Prison Project. Data Analysis Report for the Prison Project. Authors: Dr Cheryl Smith, Helena Rattray, Leanne Romana, Jay Rerekura, Gavin Whiu, Nayda Te Rangī.

- Well-being Project. He Ara Uruora: Māori Intergenerational Trauma and Well-being. Authors: Dr Takirangi Smith, Dr Rebecca Wirihana.

Te Atawhai o Te Ao would like to thank our project leaders, project advisors, our researchers, community researchers, scholarship and fellowship recipients, Māori organisations, service providers, policy makers, iwi and hapū, participants, and especially tāngata ora and their whānau for their contribution to the He Kokonga Whare research programme. Finally, we would also like to thank the Health Research Council for your support towards this important piece of work. Ngā mihi nui ki a koutou.



*“The cumulative emotional and psychological wounding across multiple generations, including trauma experienced in ones own lifespan, which emanates from massively traumatised group history.”*

*(Maria Yellow Horse Braveheart)*

## Other He Kokonga Whare Outputs

Whilst contractually the He Kokonga Whare research programme has come to an end, researchers at both Te Atawhai o Te Ao and our partner research centres continue to present on similar issues that were researched as part of our old programme. He Oranga Ngākau is a research project funded by the Health Research Council, which aims to contribute to Māori models of health by exploring Kaupapa Māori Trauma Informed Care

practices. The research is conducted by Te Kotahi Research Institute and lead by Associate Professor Leonie Pihama. Dr Cheryl Smith is an advisor for the project and will be a keynote speaker at the symposium and thought space wānanga, to be held in 2018.

Te Pūtahitanga, the Whānau Ora funder in the South Island is implementing much of what the results are showing and pushing for policy

recognition. Trauma-informed care workshops have also been hosted by Werry Workforce Whāraurau – the national centre for infant, child and adolescent mental health and/or Alcohol and Other Drugs) and Oranga Tamariki (Ministry for Children). Publications from He Kokonga Whare also continue to be accessed through channels such as the New Zealand Family Violence Clearinghouse.

### Reintegration findings;

*Access to positive role models with similar life experiences to support tangata ora*

*Tangata ora need long-term navigation support, they are already in a vulnerable state, with little resources - 1 additional problem creates chaos*

*Cultural connection is better absorbed when basic needs are met first*

## Health & Policy Impacts

In July 2016, Helena Rattray and Dr Cheryl Smith attended the WAI 2540 claim hearing in Wellington, and were able to hear some more recent commentary, research findings and experiences of Māori in prisons. Te Atawhai o Te Ao also provided a report to lawyer Roimata Smail in support of the claim, based on our own research findings.

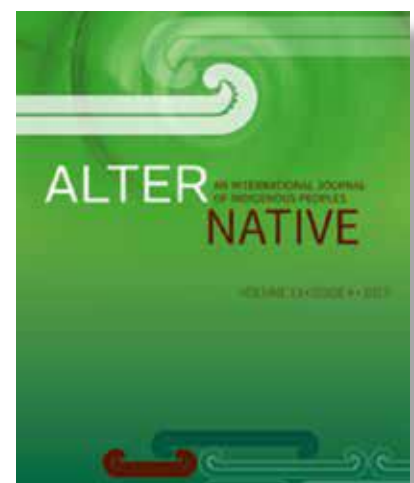
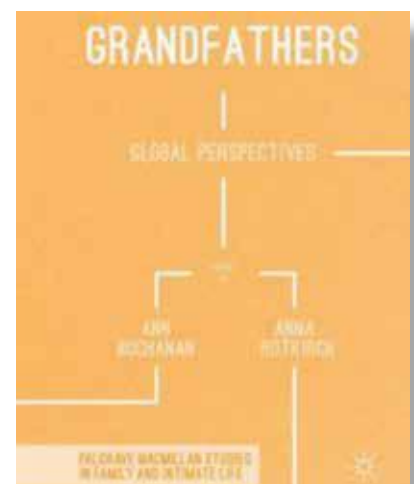
On 15 August 2016, Te Atawhai o Te Ao hosted Adrian Rurawhe (Member of Parliament for Te Tai Hauāuru) and Kelvin Davis (Member of Parliament for Te Tai Tokerau), and together with Prisoner Aid Rehabilitation Trust Services (PARS), Dr Cheryl Smith and Helena Rattray discussed their learnings from the project, and suggested changes for Māori in the corrections system.

## Publications

This section lists key outputs and publications for 2016 - 2017. Te Atawhai o Te Ao have utilised a number of opportunities to disseminate information based on research results. Some of which are chapters, others are

articles however most results are compiled into presentation form to enable our researchers to speak to the communities in which it serves. Publishing resources for dissemination for this period has resulted in contributing to two pieces of work.

- Davey, J., Smith, C. (2016). **Grandfathers in Aotearoa** (New Zealand). Chapter in *Grandfathers: Global Perspectives*. MacMillan Publishers, UK.
- Smith, C.W., Rattray-Te Mana, H., Pihama, L., Reid, J. (2017). **Traumatic brain injury of tangata ora** (Māori ex-prisoners). *AlterNative: An International Journal of Indigenous Peoples*.





# TE HIKU

## GOVERNANCE & MANAGEMENT OF TE ATAWHAI O TE AO

### Operations & Management

The 'Te Hiku' strategic goal looks to ensure that Te Atawhai o Te Ao is governed and managed well. These activities include commitment to adhering to the principles of good practice governance; ensuring that a management and administration structure is in place and effective to support organisational outcomes; and to actively seek funding to meet community research needs.

It is timely that we acknowledge the guidance and direction that is provided by our Governance Board. They are Rii Templeton, Lupton For, Joe Huwyler and chaired by Jim Allen. Highlights for the past year in this area include:

- Update of the Trust Deed and relevant charitable legislation requirements
  - Governance policies reviewed
  - Payroll and Accounting systems improved
  - Planning and implementation of the Resource Based Accountability (RBA) framework
  - Progressing the development of an integrated research system
  - Lease negotiations, securing our building for another two years
  - Improvements to the building to cater to the new health and safety at work standards
- We would also like to thank our staff, who are our greatest asset.



# Staff Profiles

## Rāwiri Tinirau

Of Te Āti Haunui-a-Pāpārangi, Ngāti Rangi, Ngā Rauru Kītahi, Ngā Wairiki-Ngāti Apa, Ngāti Tūwharetoa and Ngāti Maru descent.

As Co-Director of the organisation alongside Dr Cheryl Smith, Rāwiri is currently completing his PhD investigating how understandings of tikanga Māori in a business context are still emerging. His findings to date have found that knowledge of tikanga varies and is applied in numerous ways, but is complementary to good business practice. With a background in education and research, he has served on boards of numerous trusts and organisations including Deputy Chair of Ngā Tāngata Tiaki o Whanganui Trust; as Chair of both Rānana Marae and the Rānana Māori Committee; and as the Ngāti Hine (Rānana) hapū representative to Te Rūnanga o Tamaupoko and Te Rūnanga O Te Awa Tupua.



## Tania Kara

Of Ngā Wairiki-Ngāti Apa and Ngāti Kahungunu descent.

Tania has previously worked for Te Kooti Whenua Māori for 15 years as a Case Manager with a range of responsibilities supporting whānau and land owners over the years. Her areas of study this period include Te Pokaitahi Reo Rumaki - levels 3 & 4, Te

Pūtaketanga o te Reo te Kunenga o te Reo - level 4 and most recently Te Rōnaketanga o te Reo - level 5. Other commitments Tania is involved with is at marae level as a Trustee for Whangaehu Marae Rakautaua 1C. Her current hobbies include therapeutic gardening, reading for relaxation, health & well-being, rongoā including mirimiri/ romiromi. Tania's interest sometimes focus on enjoying self-care which includes health and well-being classes learning to relax the body, mind and wairua.







# Whanaungatanga

On 27 January 2017, we hosted a very successful whānau day at the Whanganui East Pools, and welcomed Dr Cherryl Smith and Eriapa back from their time away. The day also celebrated achieving our He Kura target of four schools, and was a thank you to the whānau of staff members, for understanding that our staff spend time away from them, when mahi calls.

Staff members also participated in the Pākaitore Triathlon Fun Day (28 February 2017), run by Te Oranganui Iwi Health Authority and Ka Waewae Tātahi o Te Awa Tupua (25 March 2017).





